

PSA Bulletin 10th October 2024

Dear parents and carers,

News from the PSA this week:

Kids & Tech Workshop

We'd like to thank everyone who attended the session last Friday, it was a great turnout. And to Papaya Parents and Pandora Sykes for hosting.

It was a hugely insightful presentation on the risks of under protecting our children online. Jennifer Powers from Papaya Parents explained how access to the internet and social media, in particular since the arrival of smartphones, has had an enormous impact on our children's wellbeing. Papaya also hosted a pupil workshop in the school for years 5 and 6.

**The top tip was to delay giving a smart phone until 14yrs and social media until 16yrs.
'It's not never it's just not now.'**

Some good news to expect in 2025 is the development of a new type of phone. You can take the survey here to design your ideal phone. <https://survey.xplora.co.uk>

For those who couldn't join but would like to know more you can watch this YouTube video here: <https://m.youtube.com/watch?v=6UFvXt1RhkM&t=147s&pp=2AGTAZACAcFFnBhcGF5YSBEciBTdXNpZSBYXZpZXM%3D>

Below are some useful websites:

<https://smartphonefreechildhood.co.uk>

<https://www.papayaparents.com>

Please contact the PSA if you want to be involved in this initiative or have any questions - new faces and ideas are very welcome. We aim to continue raising awareness of this important issue in the future.

Halloween Costume Swap!

A parent has had a genius idea to organise a Halloween costume swap the week before ½ term. So on **Wednesday 23rd** and **Friday 25th October** in the playground after school, you will be able to leave an unwanted but good quality Halloween costume and swap it for another one! We just ask for a small donation to the PSA in return. More details to follow..

PSA Roles to Fill

We are looking parents to volunteer to become the new Head of the PSA (we'd love to see this role split between a couple of people) and also PSA Secretary. If interested and for more details please email psa@princessfrederica.com

Love Team PSA

