

Sex & relationships education 2025

Parent consultation





BELONG - Everyone included, everyone welcome.

LEARN - Love to learn, gain knowledge.

GROW - Grow spiritually, in confidence and courage.

Life
In
Fullness
Ethos

Sex and relationships education aims for today's parent consultation

- Understand why sex and relationships education is taught in schools
- Understand the statutory guidance for relationships and sex education, including the right to withdraw
- Share the content of the sex education schemes of work in KS2
- Listen to parents' questions and concerns



Current context

Children face many pressures from social media and advertising and are surrounded by images that bring up issues around: self-image, peer pressure, boundaries, sexual exploitation, coercive control and sexualised violence



Issues provoked by these images



Why is it important?

Sex education in primary schools is crucial for children's well-being and development, providing a foundation for healthy relationships, understanding boundaries, and staying safe. It helps children learn about their bodies, understand different types of relationships, and know how to seek help if they need it.



statutory guidance - should this be taught before Year 7 - true or false?

the concepts and laws relating to harmful sexual behaviour, including sexual harassment, revenge porn, upskirting and taking/sharing intimate sexual photographs without consent, public sexual harassment, and unsolicited sexual language / attention / touching.

statutory guidance - should this be taught before Year 7 - true or false?

the concepts and laws relating to harmful sexual behaviour, including sexual harassment, revenge porn, upskirting and taking/sharing intimate sexual photographs without consent, public sexual harassment, and unsolicited sexual language / attention / touching. **This should not be taught before year 7.**

There is a difference between teaching sexual harassment and consent. We will be teaching consent, we already talk about sexual harassment as part of our safeguarding procedures.

What are we going to include and not include?

YES

- Sexual harassment - yes from Y4
- Human reproduction - yes in Y6
- Human birth - yes in Y6
- Periods - from Y4
- Erections - from Y4
- Masturbation - yes from Y5
- Up-skirting - yes from Y5
- Unwanted attention and touching - yes from Y3
- Different types of loving families (same sex/gay, single parent, grand parents, foster, adoptive, blended) yes from Y3

NO

- FGM - no
- Forced marriage - no
- Sexual violence (rape, assault) - no
- Sexually transmitted diseases - no
- Gay sex - no

What are we going to include and not include?

MAYBE depending on questions children ask during the lesson

Teachers to discuss succinctly and factually if there is something a significant group of children are asking about. They will not offer opinions. Here are some examples:

- Different forms of giving birth (caesarian)
- Different forms of conception (IVF/ICSI)
- Preventing pregnancy (prophylactics, contraceptive pills, abortion)

Teachers will also inform parents if questions arise that could be regarded as controversial.

Parental involvement

- **Parents are their child's first educator**
- It's crucial that learning around sex education and puberty is done in partnership with parents
- The schemes have been designed with a sensitive, cautious approach in mind.
- Parents cannot veto content but it is right that they know what is being taught
- slides will be shared with parents upon request
- **Parents have a right to request withdrawal from lessons on human reproduction in Y6 only**

Sex and relationships progression through KS2 - Y3

Children will:

- Learn the correct scientific names of the main parts of the body, including which parts are private (penis, testicles, vulva, vagina, breasts)
- Understand the concept of personal space and safe, appropriate touch.
- Identify trusted adults they can speak to if they are worried or need help.
- Discuss feelings, friendships, and how families may be similar or different.

Sex and relationships progression through KS2 - Y4

Children will:

- Learn about the physical changes that happen as people grow older.
- Be introduced to the early changes that occur during puberty, such as hair growth and changes in skin and body odour.
- Learn about periods (menstruation) and erections in a factual, sensitive, and supportive way and where to get help if they start their periods at school.
- Understand that hormonal changes can affect emotions, sometimes leading to mood swings or romantic feelings.

Sex and relationships progression through KS2 - Y5

Children will:

- Recap the physical and emotional changes experienced during puberty.
- Discuss periods (menstruation), erections, and wet dreams sensitively and factually.
- Know what masturbation is.
- Learn more about how to look after their bodies during puberty, including personal hygiene, deodorant use, and sanitary products (period pants)
- Explore how puberty can affect emotions, including mood swings and romantic feelings.
- Discuss how to stay safe, respect personal boundaries, and identify trusted adults for support.

Sex and relationships progression through KS2 - Y6

Children will:

- Learn in more detail about the physical and emotional changes during puberty.
- Know it's OK that we are all different - puberty happens at different times for each young person.
- Discuss periods (menstruation), erections, and wet dreams sensitively and factually.
- Be introduced to the basic facts of human reproduction, including how a sperm and an egg join to form a baby.
- Learn about gestation and giving birth.
- Understand how puberty and growing up can affect relationships and emotions.
- Learn ways to look after themselves physically and emotionally as they grow.
- Revisit the importance of privacy, personal boundaries, and consent (including online risks and sharing photos and videos).

Let's look at some lesson examples

- Examples of lesson slides were shared on screen
- If parents would like to see the lesson slides and images that we will be using they should make an appointment with the class teacher so they can have a look through
- Detailed schemes of work with teacher scripts will be uploaded on the school website



What should teachers should do if a child asks a question about a topic they are not covering in that year group?

- Say: “All questions are good questions but we are not covering that topic in YX. It is a question you could ask your parent or carer at home instead.”
- Say: “I can’t answer that question right now, but put your question in to the questions box, and you and I can talk about that another time.”

Useful resources

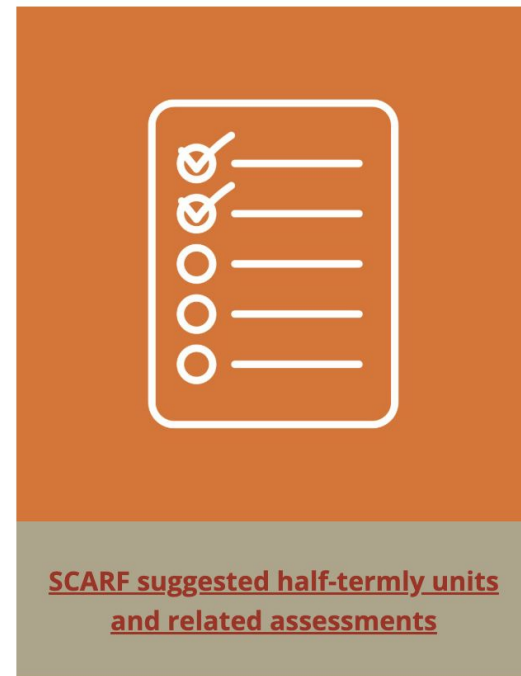
[Dfe statutory guidance on RSE](#)

[Scarf](#)

[Updated ROSHE curriculum map](#)

[Puberty glossary](#) - on Scarf so you need to log on the website first for this link to work.

[NSPCC Share Aware website](#) (have lesson plans and resources on PANTs for all year groups and online safety resources)



This is where you need to go to find lesson plans on Scarf.

Any questions or comments?

Questions asked by parents June 2025:

- After the High Court ruling stating that there are just two sexes, does this affect how the school teaches Sex Ed?
- In previous years the children have been split into boys and girls when some of the lessons have been taught. Will this happen this year?
- Will boys also be taught about periods?
- Will the children be taught about the dangers of messaging and sending photos online?
- Will children be taught that masturbation is normal? What about the dangers shown by the research?
- What about same sex relationships? What will you be teaching the children?
- Please can you share the flipcharts before the lessons are taught?