

Dear parents and carers

Message from the Chair of Governors

We are delighted to announce the appointment of Rebecca Hughes as the new Executive Headteacher for LifeFull Schools with effect from 1st September 2026.

Rebecca brings extensive headship and executive leadership experience across Church of England primary schools, with a strong record of securing rapid school improvement. She has led outstanding schools and has consistently demonstrated the ability to guide teams through transformative change.

She has deep experience in safeguarding and inclusion, having led schools with high levels of need and embedded trauma-informed, supportive practice. Rebecca is committed to developing staff at all levels, building strong relationships and creating conditions where both children and adults can thrive.

Her leadership is rooted in clear systems, evidence-based decision-making, and maintaining high standards across all settings. She also brings strong financial expertise, ensuring transparent and rigorous budget management that keeps pupil outcomes at the heart of every decision.

Rebecca's values align closely with the LifeFull vision, and she brings genuine commitment to helping our federation grow and flourish.

We look forward to welcoming Rebecca into our community and working with her as she begins this important role.

On behalf of the Governing Board,
Rosalind Sacher

Chair of Governors

LifeFull Schools

What has been happening this week?

Nursery this week have been reading *Polar Bear, Polar Bear, What Do You Hear?* and fine-tuning their listening skills. They made a collage from cotton wool and a cut-and-stick polar bear number puzzle. Cooking this week was pizza making, with the added challenge of making the toppings look like a face using olives and sweet peppers. The children have been learning the sound 'm' this week and have been collecting objects that begin with 'm', and because M is for mud, they made a huge pot of mud

paint during our embankment learning, which was quite an impressive colour when used on paper!

Children in **Year 1** donned their dancing shoes and had a ball at the Christmas Disco (Ms Mulry and Ms Moore did too!). Back in the classroom, they loved learning about Antarctica and drew some fantastic features of the continent. We continue our journey through the Incarnation and this week learnt why the Shepherds play an important part in the Nativity story. Great fun has been had in English acting out the story of *The Little Red Hen*, and the children are working very hard on writing a narrative.

Year 2 had an incredible trip to the Science Museum as part of our Space Pioneers topic. They explored the Pattern Pod and the Space Deck with curiosity and enthusiasm, confidently answering questions and discovering fascinating new facts about space. Their behaviour throughout the day was exceptional — a real credit to our school!

Year 3 thoroughly enjoyed their art lesson this week. Using printing ink and polystyrene tiles, the children designed and created their very own Christmas-themed prints while channelling the work of artist Cally Conway. They began by sketching their designs and carefully carving them into the tiles using pencils. Then, with great enthusiasm, they used rollers to apply coloured ink of their choice before pressing their tiles into their sketchbooks to create beautiful prints. These were just the practice pieces, and we can't wait to see the final creations! The results so far have been absolutely fantastic.

Pupil Wellbeing

Results were collated for the **Pupil Safety and Well-being Survey** this week. 210 children in KS2 completed the survey, and in KS1, teachers completed a whole-class survey with the children. Results are very positive, with the majority of children saying that they feel safe, teachers make them feel safe, and the school has taught them how to be safe. 100% of pupils said that they were taught how to stay safe online, and the majority of pupils said that there is an adult in school they can talk to if they have a problem. Any individual issues raised by pupils will be followed up appropriately. We also asked if children think that boys and girls have equal opportunities to play all games at breaktimes. Football and four square featured heavily in the answers, so we will be addressing the issues raised through RSHE lessons and OPAL assemblies.

Head Girl and Head Boy Report

In Monday's assembly, we learnt about the time before Christmas called Advent. It means arrival or coming. While we are waiting for Christmas, we have lots of exciting things to do. The disco on Tuesday was really good. The DJ was brilliant, and in the middle he chose some of our names to put in the song. We are looking forward to Christmas Jumper Day, our Christmas lunch, and seeing the Year 2 nativity next week. Yesterday, we got into the Christmas feel as the girls' and boys' choirs went to sing at Westfield. In RE, we are learning about the Gospels (Matthew, Luke, Mark and John) and how it is important that we learn different aspects about Jesus' life from them. In English, we have finished reading *Romeo and Juliet*, and now we are writing a newspaper report based on what happened to them.

Have a lovely weekend.

Jess and Vishan

Parents Additional Needs WhatsApp Group

We are pleased to share that we have created a new WhatsApp group to encourage positive collaboration between school and parents. This group is a supportive space for all families, whether or not your child has additional needs — everyone is very welcome to join us.

The group is called 'Fred's SEND Parents', and we would love for you to be part of it.

Please follow the link below:

<https://chat.whatsapp.com/CYmpQ5s2Yja0ZUK6tO80p8>

Music at Princess Frederica

On Thursday the boys' singing club and the girls' choir dazzled with splendid performances at Westfield shopping centre.

On Friday parents were treated to a singing and drumming performance from the Foundation Stage children.

Upcoming Music events

Thursday 11th December at 10:00am- Nativity- featuring 2H lead roles. (Year 1s to sing a song as a class)

Friday 12th December at 10:00am- Nativity- featuring 2T lead roles (Year 1s to sing a song as a class)

Wednesday 17th December Concerts

1:30pm- Year 4 Steel Pans and Recorder Group (*please note change of time for year 4*)

3pm- Year 5 & 6 Steel Pans, recorder and class bands

Monday 15th December at 6pm

Carols @ St Clement Church, Sirdar Road, W11 4EQ

The whole school community is invited to join the carol service. Please do join us. We are hoping for anyone from the following groups to come to play if possible.

- the string ensemble;
- year 4-6 brass players

These groups will be rehearsing at St Clements church at 5pm.

The whole school community is also invited to attend to join us for the services.

St Martin's Church - 10am Friday 19th

We are hoping for the string ensemble and the brass players to accompany this.

Christmas at Princess Frederica

Firstly we would like to extend a huge thank you to the parents who so kindly decorated the school last weekend. Both children and staff had a lovely surprise on Monday when they came into the school!

Also thank you to everyone involved in organising and running the discos on Tuesday evening. This annual event kick starts Christmas and is really enjoyed by all the children.

Christmas Celebrations

On Wednesday 17th December we will be having our Christmas lunch and this will also be **Christmas Jumper Day**.

On Thursday 18th December there will be **class parties** but we will not be asking for food and drinks to be sent in by parents. Classes will have free time to either watch a Christmas movie or play some games.

We have decided that this year we will not be doing the Christmas card design project. The company that we have been using implemented a huge price increase from last year in the cost of the printed cards and we felt that it was not value for money. This decision will be reviewed next year and other companies investigated.

Donations request - books and toys

In order to diversify the resources in Early Years, Miss Bourne would be grateful for donations of any unwanted books or toys, such as dolls, which represent children of different ethnicities.

Thank you.

Freds Spirit Wear is back!

We're excited to share some specially designed winter items for our Freds community, available now on the Spirit Ink website. These are offered at a low cost, and every purchase helps support our school.

Take a look and place your order here:

<https://spirit-ink.co.uk/collections/princess-frederica-full-collection>

After School Clubs

The timetable for the Spring Term After School Clubs is attached, and clubs will open on the School Gateway for booking on Wednesday 10th December at 6pm.

The timetable is remaining much the same as this term, but with a new Arts and Crafts Club for Reception to Year 2 and a Pottery Club for Years 1 and 2 replacing Athletics Club and Mindfulness Club.

Please make sure you have paid in full for all your child's clubs for this term, or they may not be able to continue to attend next term.

Residential Trip

A reminder that the deadline for payment of the trip deposit of £50 (£25 FSM) is Friday 12th December. If you would like your child to go on the trip but need financial assistance to do so please contact Ms Christopher or Jane Kent.

PSA News

Dates for your diary

Tuesday 9th December - Year 5 trip to the National Army Museum
Thursday 11th December at 10am - Nativity featuring 2 Honeysuckle
Friday 12th December at 10am - Nativity featuring 2 Thistle
Monday 15th December at 6pm - Lifefull Schools Carol Service at St Clement Church
Wednesday 17th December - Christmas lunch and Christmas Jumper Day
Wednesday 17th December at 1:30pm - Year 4 Steel pans Concert
Wednesday 17th December at 3pm - Year 5 and 6 Steel pans concert
Friday 19th December at 10:00am Christmas Church Service at St Martin's
Friday 19th December at 1:30pm - End of Term

Class assemblies at 10:00am in the main hall

Friday 16th January - 4 Cherry
Friday 23rd January - 3 Bramble
Friday 30th January - 4 Apple
Friday 6th February - 3 Hawthorn
Friday 13th February - 2 Thistle
Friday 27th February - 1 Sage
Friday 13th March - 2 Honeysuckle
Friday 24th April - 1 Thyme

Friday 1st May - Reception Buttercup
Friday 15th May - Reception Dandelion
Friday 12th June - Nursery

PSA cake sale dates:

11th and 12th December - Year 1
22nd and 23rd January - Year 2
26th and 27th February - Year 3
19th and 26th March - Year 6
23rd and 24th April - Year 4
14th and 15th May - Year 5

Have lovely weekend
With kind regards

Nicola Christopher