



**Dear Parents and Carers,**

We hope you and your children have had a fantastic week and enjoyed the long-awaited sunshine.

Year 6 have been very busy with their SATs preparations and have been working exceptionally hard. Year 5 enjoyed their school trip to the Gunnersbury Museum, and Year 3 visited the Natural History Museum. We are very proud of how the children conducted themselves, particularly in light of the train strikes.

Thank you to all parents and carers who have already attended their parent-teacher meetings. These will continue next week. We are excited to announce the Fred's Park Run on Sunday 10th May. Children are encouraged to participate by running on the day, cheering their team on, or helping with important jobs such as fruit and juice distribution. There will be a mini circuit challenge during PE lessons the week before for children to take part in. Please scroll to the PSA section of the newsletter for further information.

We are also very excited about Unity Day—please see further information at the end of this newsletter. We would really appreciate further food donations. There will also be a ballot box for favourite dishes, adding a fun competitive element! Have a wonderful weekend. Miss Fautley

**SEND Parent Group**

Last week, Miss Fautley and Ms Skilton enjoyed meeting with the SEN group.

Some positive steps discussed included welcoming our new Emotional Learning Support Practitioner (ELSA), Dean; additional intervention groups across the school; and the appointment of a new LSA to support in KS1. Staff have also now completed training on ASD and ADHD. We have made improvements to playtime supervision through increased adult presence and clearly defined zones, including quieter areas for children.

Next steps include a review of the ABC & PSA funds, with parent voice helping to guide how funding is prioritised, as well as continuing to ensure inclusion in all school events and extending training opportunities to the wider community of adults who support children.

**Art Group**

We are very excited about our upcoming *Artful Ambitions Week*, taking place during the week commencing 22nd June. Please see the [information](#) shared at our recent meeting. If you are an artist, enjoy art, or know an aspiring artist who would like to get involved, we would love to hear from you. Please speak to Miss Fautley for more information.

## Learning in action

Here are some highlights of children at Fred's enjoying their learning at the start of the year:

Nursery and reception have been enjoying the outdoor puppet theatre this week in the EYFS playground. They have been taking turns to make up a story or sing a song using the puppets in the theatre or be a member of the audience.



Year 3 had an unforgettable trip to the Natural History Museum, where they transformed into expert volcanologists for the day. They explored the fiery world of volcanic eruptions, tackling questions with confidence and showing off their impressive knowledge. Not only that, but they bravely took on the role of emergency responders—successfully saving people from a very dramatic (and slightly imaginary) volcanic eruption.



Reception Dandelion have been really enjoying learning about the life cycle of a frog and the different changes it goes through. We also read the story *Tadpole's Promise*, where we discussed the important message about not making promises that we cannot keep.

The children have also been busy sewing sock caterpillars, developing their fine motor skills and creativity.

We have also made the most of the lovely weather and have been enjoying spending time outdoors!





4 Apple have been learning about classification in science. We spent a session spotting different types of plants on the Embankment in preparation of classifying plants in the next lesson.

Year 5 had an exciting and educational trip to the Ragged School experience at Gunnersbury Park Museum. The children stepped back in time to the Victorian era, where they discovered what school life was like for poorer children. Dressed as Victorian pupils, they took part in a traditional lessons following strict classroom rules.



# Stars of the Week



These children have consistently demonstrated our exemplary learning behaviour this week

Class	Pupil
Mint	Apollo
Dandelion	Sylvia
Buttercup	Francis
Thyme	All of 1 Thyme!
Sage	Massi
Thistle	Ethan
Honeysuckle	Ned
Hawthorn	Margot
Bramble	Maisie
Apple	Finn
Cherry	Bill
Birch	Stella
Ash	Daniel
Oak	Niah
Chestnut	Oscar

**LifeFull Awards -**  
Regulating emotions during challenging situations

Tim 4A  
Orla 4A  
Noah 2T  
Ollie 1S



**PE Stars of the Week**  
Tommy 1 Sage  
Joni 3 Bramble



**Spanish Stars of the Week**  
Enzo 5  
Clement 4A





## PE News

Dear Parents and Carers,

Dates for your diaries:

Wednesday 29th April boys football match at Malorees School

Wednesday 6th May Girls football match at Malorees School.

May 10th Park Run in Queens Park. The next couple of weeks, the children will be doing some endurance and stamina work in preparation for the event.

Thursday 18th June EYFS Sports Day

Friday 19th June KS1 am & KS2 pm Sports Day. Enjoy your weekend.

Mr Chantler.



## Music News

**International Organ Day - try out an organ for free-25th April**

[Flyer](#)

**Violin concerts**

Year 1& Krisztina's pupils 2:30pm 28/4

Ms Kang's pupils 2:30pm 29/4

**Unity Day 30th April.**

Class performances (year 2,3,4,5,6)

3:30-4pm.

Ensembles (choirs, string ensemble) from 4pm.

Soloists/small groups from 4:15pm

**Woodwind concert**

3pm 7th May

### Head Boy and Head Girl Report:

In Monday's assembly we thought about the feeling of anger. It's ok to feel angry but we need to think about how we react. The bible passage was "In your anger do not sin: Do not let the sun go down while you are still angry." Ephesians 4:26. This means that if you are angry don't take it out on others and always make up before you go to sleep. In singing assembly we have been practising the song Wavin' Flag by K'naan and are excited to perform it on Unity Day next week. Everyone will also be making a flag to wave when we sing it. In maths we are working hard revising for our SATS which are in two weeks. In art we are making a collage inspired by Gustav Glimt which will include symmetrical shapes and shiny designs.

Have a lovely weekend.

Jess and Vishan



# What is happening around the world



## Earth Day – Taking Care of Our Planet








### What is Earth Day?

Earth Day is celebrated every year on 22nd April. It's a special day when people all around the world think about how to protect our planet and keep it healthy for the future.

### Why is it important?

Earth Day reminds us that we all share one planet, and it's our job to look after it. By caring for the Earth, we help plants, animals, and people live happily and safely.

### What can children do to help?


-  Plant flowers or trees
-  Recycle paper, plastic, and bottles
-  Walk or cycle instead of using a car
-  Turn off lights when not in use
-  Help clean up litter in your local area



### Did you know?

Earth Day began in 1970 and is now celebrated in over 190 countries around the world!

### Our message

Every small action counts. Together, we can make a big difference and help protect our amazing planet 

## Important dates coming up next week:

- 27.04.26-Parent Teacher Consultation week
- 30.04.26- Cultural Unity Day
- 1.05.26- Rec Buttercup class assembly 10am School hall



## Dates coming up:

- 4.05.26- Y1-5 Assessment week
- WC 4.05.26 Mini Park run challenge circuit during PE lessons
- 6.05.26-Class photographs
- 10.05.26- PSA Park Run 9am

## Class assemblies

**All assemblies take place at 10:00am in the main hall**

Friday 1st May - Reception Buttercup

Friday 15th May - Reception Dandelion

Friday 12th June - Nursery





KEY DATES FOR PARENTS  
Summer FIRST HALF

*Our Christian Value this half term is.... Unity*



Date	Event
13.04.26	Children return to school for summer term
16.04.26	Primary offer place day for children
17.04.26	Art Week Planning Meeting Online 9am
17.04.26	SEND Group Meeting 2.30pm in person
20.04.26	Parent Teacher Consultation week
22.04.26	Year 3 trip to Natural History Museum
23.04.26	Year 5 trip to Gunnersbury Museum
23.04.26	Year 4 cake sale 3.15pm
24.04.26	1 Thyme Class Assembly 10am School hall
24.04.26	Year 4 cake sale 3.15pm
27.04.26	Parent Teacher Consultation week
30.04.26	Cultural Unity Day
1.05.26	Rec Buttercup class assembly 10am School hall
4.05.26	Y1-5 Assessment week
6.05.26	Class photographs
10.05.26	PSA Park Run 9am
11.05.26	Y1-5 Assessment week
11.05.26	Year 6 SATs Week
14.05.26	RSHE Relationships Meeting 3.45pm
14.05.26	Year 5 Cake Sale 3.15pm
15.05.26	Rec Dandelion Class Assembly 10am School hall
15.05.26	Y4 trip to Fulham Palace
15.05.26	Year 5 cake sale 3.15pm
18.05.26	Year 5 Residential Week
21.05.26	<i>Love Thy Neighbour</i> tea party
22.05.26	School finishes for half term- normal time

CHILDREN ARE BACK IN SCHOOL ON MONDAY 1st June

## Uniform

During the summer months children are allowed to wear open toe black, navy blue, brown, or white sandals in school. They must support the foot in the front and back. Sandals with studs, glitter etc are not allowed. Flip flops are not allowed in school.

## Look at these smart pupils in their school uniform!



## OPAL Play

Thank you all so much for your generous OPAL donations—our staff and pupils have been making wonderful use of them and they've already had a really positive impact on play and learning experiences.

For the time being, we'd like to **pause** any further OPAL donations, as we currently have a substantial backlog of items to sort through and put to good use. When we are ready to receive more, Mrs Brookes will be in touch via email with details of the specific items we need. This will help ensure that any future contributions are both useful and manageable.

As always, we are incredibly grateful for your continued support, enthusiasm and generosity towards OPAL—it truly makes a difference to our school community.

Best Wishes, Ms Brookes, OPAL Lead

Reading news

**2026 Reading Challenge for**  
**April**



Could you share this with a younger sibling? Or someone from a younger year?

Reading news

**We still need you!**

**Would you be interested in becoming a reading volunteer at our school?**

**Do you think you could help support children who need some extra help reading?**


If this interests you or someone you know, please email: [smccann@lifefull.org](mailto:smccann@lifefull.org)


**(No experience required)**

## THE FRED'S PARKRUN TAKEOVER IS BACK!





Last year more than 60% of our incredible kids participated and with your help, they raised a whopping £25,906 for the school. This year, 100% of funds raised will go toward our annual PSA fundraising target which is used to fund include loved events like Book Week, our new Art Week as well as several new projects including transforming the football pitch into a Multi-Games-Area (MUGA) opening up opportunities for more sports, a canopy to allow the teachers to facilitate quiet, calm play in all weather in the peace garden and restoration work on the pond. We hope that with your help we will match last year's total!

 Sunday 10th May | 8:30 arrival | Queen's Park

 Open to all participants ages 4+ –run or walk solo, with friends, siblings, parents, or even grandparents for support.

This isn't about where you come or speed —it's about coming together as a school community to raise funds.

 Incentive Alert! House points for all participants PLUS the class with the most participants wins a mufty day! We want this to be an inclusive event that is fun for all our children and there are ways to participate and earn points for your house and class beyond the run. If you would like to discuss these options or have a specific accommodation your child needs to feel comfortable participating please contact [PSA@princessfrederica.com](mailto:PSA@princessfrederica.com)

 Sign up now!

[https://www.justgiving.com/campaign/fredsparkrun26?utm\\_medium=CA&utm\\_source=CL](https://www.justgiving.com/campaign/fredsparkrun26?utm_medium=CA&utm_source=CL)

Share your Link with friends, colleagues and family and start fundraising. Details and how to set up your fundraising page in the flyer attached (and sent home in school bags this week  
We need parent volunteers and marshalls on the day, please join the whatsapp group

[https://chat.whatsapp.com/CqQ8BztlEzqD0nrBq6KlSn?mode=gi\\_t](https://chat.whatsapp.com/CqQ8BztlEzqD0nrBq6KlSn?mode=gi_t)

Let's make this day unforgettable for our kids! 

## PSA Cake Sale Dates:

23rd and 24th April - Year 4

14th and 15th May - Year 5



The class with the most children participating by doing the course, cheering or helping **WINS A MUFTI DAY!**



## FRED'S PARKRUN TAKEOVER 2026

To help fundraise for our **multi use games area (MUGA)** we want to get as many of our children and their families involved in a PSA sporting fundraising event that is **accessible and fun for all.**

**Available to children aged 4+ and their families,** the Queens Park London Junior Parkrun is 2 laps of Queens Park. Support the run in whatever way you can by running, walking, cheering on friends or helping out on the day. Children are welcome to be accompanied by adults. If your child needs specific accomodation email [psa@princessfrederica.com](mailto:psa@princessfrederica.com)

Each child or family that takes part will need to:

1. Set up a fundraising page via Just Giving on this link <https://justgiving.com/campaign/fredsparkrun26> **(full instructions overleaf)**
1. Register for Park Run at [www.parkrun.org.uk/register/](http://www.parkrun.org.uk/register/)
2. Drum up some sponsorship!

**SUNDAY**

**10th MAY**

**2026**

**@9AM**

**QUEENS  
PARK**

# HOW TO SET UP YOUR SPONSORSHIP PAGE

How to set up your own page which links direct to the PSA Charity (this is really important to help us ensure that all found go into the PSA fund).

Go to: <https://justgiving.com/campaign/fredsparkrun26>

1. Click **'Start fundraising'**
2. Are you raising money for a charity? **Yes**
3. Choose a cause you'd like to support. **Fred's Park Run Takeover**
4. Are you fundraising in memory of someone? **No**
5. Are you taking part in an activity? **Just fundraising**
6. Are you fundraising for an occasion? **Skip this question**
7. How much would you like to raise? **Enter own amount**
8. Personalise your page. **Rename the page title section e.g. "John is doing the Princess Fred's Park Run takeover"**
9. **"John is doing the Princess Fred's Park Run takeover"**
10. Add a cover picture
11. Launch my page
12. **Share to friends and family to fundraise!**

**Are you raising money for a charity?**  
This helps us to determine how to help you. [Learn more](#)

Yes, I'm fundraising for a charity  
Choose from thousands of causes and organisations

No, I'm fundraising for my own cause  
Find out more about our personal fund-raising

**Next**

Just Giving has the platform best for donations. All funds will go direct to the charity.

**Choose a cause you'd like to support**

Search Fred's park run

- Fred's Park Run Takeover 2026
- The Fred Holmes Foundation
- The Fred Holmes Challenge
- Help Little Fred
- South Park - Runny For Run 2026

**Are you fundraising in memory of someone?**

Yes

No

**Back** **Next**

**Are you taking part in an activity?**

I'm taking part in an event  
Awarded participation medals, certificates, a nomination, like lots of others

I'm doing my own activity  
You choose and we support you with everything you need to make it exciting

Just fundraising  
Go ahead and set up your page to raise for your own charity

**Back** **Next**

**Are you fundraising for an occasion?**  
Do you have a special occasion? [Skip this question](#)

A birthday  A wedding or civil partnership  Something else

No occasion

**Back** **Next**

**How much would you like to raise?**  
Target help to set the amount you'd like to raise. You can always raise more if you wish.

£ 1000 GBP

1000 Most popular 10000 No target

**Back** **Next**

Don't worry if you don't get started. All funds raised will be sent to your chosen charity.

**Personalise your page**  
A great way to help to inspire potential supporters. Get started! [Skip and continue](#)

Page title

Default title: Fred's Park Run Takeover

Why are you raising money?

1 2 3 4 5 6 7 8 9 10

We are fundraising for our own (Fred's Park Run Takeover 2026) at Princess Alexandra Hospital which will really help our special Fred's Park Run event. We are bringing Queen's Park, Lower Park and will create a distance of 10m. Your sponsorship will make a big difference to our school.

Thanks for your support

**Go fundraising**

Choose your own URL

John's Fundraising

Display your support to your friends

**Back** **Next Page cover**

Let's Celebrate  
**UNITY DAY**



**Thursday 30th April**

**3:30 - 5pm**

**Princess Frederica Main Playground**

An afternoon celebrating our vibrant Fred's community.

Bring and share the food and music from your culture.

Free entrance, food and drinks for Fred's families.

**We are looking forward to celebrating Unity Day together on Thursday 30th April and would like to share some key information for the day.**

### **Dress**

Children may come to school dressed in clothing that reflects their heritage. This could include traditional dress or the colours of their national flag. Face paint is also welcome.

### **During the School Day**

Children will take part in a music workshop and complete activities focused on identity, celebrating culture, and what makes each of us unique.

### **After School Arrangements**

- There will be no clubs on this day, apart from Kenzalia.
- 3:25pm: Nursery to Year 6 meet on the main playground
- 3:30pm: Whole school performance begins
- 3:40pm: Nursery, Reception, and Year 1 dismissed from the KS1 playground

### **Performance Line-Up**

- 2T – Drumming
- Year 6 – Class Band
- 3H – Drumming
- Year 5 – Recorders
- 3B – Drumming
- Year 4 – Recorders
- 2H – Drumming



### **Ensembles**

- String Ensemble
- Girls' Choir
- Junior Choir
- Boys' Singing Club

(Year 5 & 6 will support with drum movement during ensemble performances.)

Children from Year 2 upwards will be dismissed one class at a time following the performances. After this, there will be smaller group and individual performances.

We look forward to celebrating this special day with you.