



Dear Parents and Carers,

This week, our Year 6 children have shown tremendous determination and resilience as they completed their SATs assessments. We are incredibly proud of the mature attitude, hard work and perseverance they have demonstrated throughout the week. The SATs provide scores for reading, maths and grammar, while writing is assessed separately through a collection of work produced in class over time. The children approached each test with confidence and positivity, and they should all feel extremely proud of their efforts and achievements.

To celebrate the end of SATs week and recognise all of their hard work, the children enjoyed a special doughnut party today, which was a lovely opportunity for them to relax and celebrate together. We are also looking forward to continuing the celebrations next Wednesday (20/05/26), when Year 6 will be enjoying a disco with their friends.

Although SATs are now complete, there is still lots to look forward to for our Year 6 pupils. After the half term holidays, they will begin rehearsing for their end-of-year production, which is always a memorable part of their final year at primary school. Alongside this, they will continue their learning and take part in activities designed to help prepare them for the exciting transition to secondary school.

Next week, our Year 5 children will be heading off on their residential trip to Cloverley Hall. We know this will be a fantastic experience filled with opportunities for teamwork, independence and adventure. Residential visits are always a wonderful chance for children to build confidence, strengthen friendships and create lasting memories. We are very much looking forward to hearing all about their exciting experiences when they return — fingers crossed that the weather is kind to them throughout the trip!

Please also note that classes will soon begin their Relationships, Sex and Health Education (RSHE) units as part of the school curriculum. Parents and carers have the right to withdraw their child from the sexual reproduction lessons taught in Year 6. However, it is a statutory requirement for all children to attend the remaining lessons linked to growing, changing and healthy relationships. If you would like to withdraw your child from the Year 6 sexual reproduction lessons, please email me directly.

To support parents and carers further, Ms Christopher and Mr Duker will be holding a Year 6 RSHE information meeting on Tuesday 19th May at 3:45pm. This meeting will provide an opportunity to discuss the curriculum content and answer any questions you may have. Best Wishes, Miss Fautley

Art Group

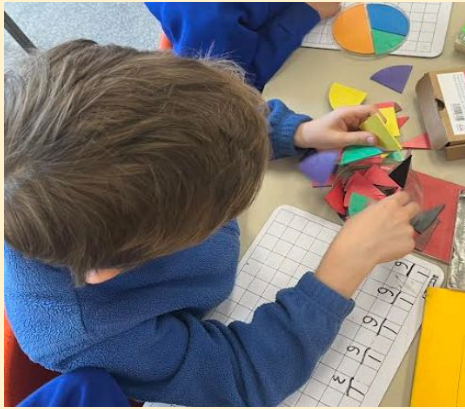
We are excited about "Artful Ambitions Week" taking place on the week commencing 22nd June. We are planning to create a large piece of work based on our community. If you are a keen painter or would like to help, please speak to Miss Fautley. Further details are to follow.

SEND Parent Group We will be hosting a parent coffee morning on Wednesday 8th July at 9:00am. The session will focus on autism and masking, as well as supporting children with emotional and sensory regulation at home. Further details will be shared closer to the time.

Learning in action

Here are some highlights of children at Fred's enjoying their learning at the start of the year:

In Maths, 3 Bramble have been learning about unit fractions. To support their learning, we have been using a range of different methods. The children particularly enjoyed using manipulatives and fraction pieces to make a whole.



3 Hawthorn absolutely loved their DT lesson this week! We made our own pizza base with water, flour and oil. The children can't wait to add some toppings next week.





Year 1 loved experimenting with different materials to discover which were waterproof and which were absorbent. They worked carefully and accurately when measuring objects with Dienes blocks.



Nursery have been reading Lima and the red hot chilli this week . The class have learnt all about different taste groups and where they are on our tongues. So bravely, each day we have tried different tastes, which have resulted in some fantastic faces especially trying the lemons!



In writing, 5 Ash have created powerful persuasive speeches inspired by the Aun Pana myth. We performed our speeches and are now creating a vivid display to showcase our work.

2 Honeysuckle had a wonderful day at Kew Gardens yesterday. A huge thank you to our supportive parent volunteers who helped make the day such a success. The children especially enjoyed becoming meteorologists.



2 Thistle enjoyed an amazing trip to Kew Gardens. They learnt about the changing seasons, weather and became meteorologists!



Stars of the Week



These children have consistently demonstrated our exemplary learning behaviour this week

Class	Pupil
Mint	Max M
Dandelion	The whole class
Buttercup	Hal
Thyme	Romeo
Sage	Alba
Thistle	Tianna
Honeysuckle	Margot
Hawthorn	Azaeia
Bramble	Arya and Thomas
Apple	All of 4 Apple
Cherry	Nivan
Birch	Justin
Ash	Richard
Oak	All of 6 Oak
Chestnut	All of 6 Chestnut

LifeFull Awards - for making positive choices in their conduct and learning and for being excellent role models

Ace 3H
 Skylah 3H
 Axel 3H
 3 Bramble
 Julia 2H
 Ned 2H
 Massi and Coco 1S



PE Stars of the Week

Scarlett Yr2
 Riley & Knox Yr5



Spanish Stars of the Week

Vincent 5
 Arya 3B





PE News

Dear Parents and Carers,

Hi Fred's family, hope we've all had a great week.

I would like to say a BIG well done and congratulations to all the children who turned up and did the park run on Sunday.

It was so pleasing from a PE view to see so many there putting in the effort and determination to complete the run, from across all year groups in the school.

As we move into Summer Term 2, we have our Sports Days fast approaching. Dates for your calendars:

EYFS - Thursday 18th June 9-10:30

KS1 - Friday 19th June before lunch

KS2 - Friday 19th June after lunch.

More information with exact times will be sent out after half term.

Mr Chantler



Music

Upcoming music events

19th May- Brent Boys Sing: we'll be taking selected year 4 boys on a trip to sing with boys from all over the borough.

4th June- Brent KS1 Singing Festival: we'll be taking the year 2 children in the junior choir to Malorees for an exciting big sing.

1st July, evening, year 6 will be performing Disney's High School Musical

4th July - Festival- performers to be announced.

Head Boy and Head Girl Report:

This week we had SATS!. We are glad all the hard work is behind us but will miss the chocolate digestives we were given after each test! On Friday, Ms Christopher and Mr Duker threw us a post-SATS party where we ate doughnuts and ice lollies and chatted about the fun times ahead. Thank you to all of our wonderful teachers who have helped us to get to this point.

On Thursday and Friday Mr Tang held singing auditions for the year 6 production: High School Musical. Lines have been given out for acting auditions which will be held next Tuesday. We are all excited to find out who gets each part.

Have a lovely weekend.

Jess and Vishan



What is happening around the world



Faith and Culture Around the World 🌍

Here are some positive religious and cultural news stories from around the world that children may enjoy reading and discussing:

✉️ Across the UK, people from different faiths recently came together to celebrate St George's Day with special interfaith events promoting friendship, kindness and unity. In London, groups visited a church, synagogue and mosque together to show that communities are stronger when people respect and support one another.

👩👦 Pope Leo XIV has announced that a second World Children's Day will take place in Rome in September 2026. The event will bring together children and families from around the world for celebrations, prayer and activities focused on peace, friendship and hope.

☀️ In schools and churches across the world, children have been taking part in activities linked to the Catholic Church's Jubilee Year of Hope. Pupils at St Benedict's Catholic Primary School reflected on how they can spread hope and kindness in their local communities through prayer and positive actions.

✉️ Children in the Philippines recently folded nearly 2,000 paper cranes as part of a worldwide message of peace. The cranes symbolised hope and friendship, and the children plan to send them to Pope Leo XIV to encourage peace around the world.



🎉 In Pakistan, more than 180 children celebrated receiving the Sacrament of Confirmation during a joyful church celebration in Lahore. The event included music, cultural performances and special prayers with families and the local community.

🌍 Indigenous young people from across North America recently gathered in Utah for a special event celebrating faith, culture and education. The gathering encouraged children and teenagers to be proud of their traditions while also thinking positively about their futures.

Important dates coming up next week:

- 18.05.26-Year 5 Residential Week
- 19.05.26 Y6 RSHE meeting
- 20.5.26 Y6 Leaver's Disco 6pm-8pm
- 21.05.26-*Love Thy Neighbour* tea party
- 22.05.26-School finishes for half term- normal time



Dates coming up next half term (full list of dates to follow)

- 7/6/26 PSA Kensal Triathlon
- WC 8/6/26 Year 4 Multiplication Check
- WC 8/6/26 KS1 phonics check
- WC 8/6/26 Year 6 Residential
- 12/6/26 6.30pm Year 2 sleepover
- 18/6/26 Y1 visit to National Army Museum
- 19/6/25 KS1&2 Sport's Day
- WC 22/6/25 Artful Ambitions Week
- WC 29/6/26 Year 4 Residential
- 30/6/26 5.30pm New EYFS Parents Welcome Evening
- 1/7/26 Year 5 Greek Workshop

Class assemblies

All assemblies take place at 10:00am in the main hall

Friday 12th June - Nursery





KEY DATES FOR PARENTS
Summer FIRST HALF

Our Christian Value this half term is.... Unity



Date	Event
13.04.26	Children return to school for summer term
16.04.26	Primary offer place day for children
17.04.26	Art Week Planning Meeting Online 9am
17.04.26	SEND Group Meeting 2.30pm in person
20.04.26	Parent Teacher Consultation week
22.04.26	Year 3 trip to Natural History Museum
23.04.26	Year 5 trip to Gunnersbury Museum
23.04.26	Year 4 cake sale 3.15pm
24.04.26	1 Thyme Class Assembly 10am School hall
24.04.26	Year 4 cake sale 3.15pm
27.04.26	Parent Teacher Consultation week
30.04.26	Cultural Unity Day
1.05.26	Rec Buttercup class assembly 10am School hall
4.05.26	Y1-5 Assessment week
6.05.26	Class photographs
10.05.26	PSA Park Run 9am
11.05.26	Y1-5 Assessment week
11.05.26	Year 6 SATs Week
14.05.26	Year 2 Trip to Kew Gardens
14.05.26	Year 5 Cake Sale 3.15pm
15.05.26	Rec Dandelion Class Assembly 10am School hall
15.05.26	Y4 trip to Fulham Palace
15.05.26	Year 5 cake sale 3.15pm
18.05.26	Year 5 Residential Week
19.05.26	Y6 RSHE Relationships Meeting 3.45pm- Rescheduled
21.05.26	<i>Love Thy Neighbour</i> tea party
22.05.26	School finishes for half term- normal time

CHILDREN ARE BACK IN SCHOOL ON MONDAY 1st June

Notices and reminders

Poetry Competition

What sparks your own magic and imagination? Pupils aged 7–11 are invited to take part in the SPINE Festival 2026 poetry competition, inspired by this year's theme *Magic & Imagination*. Children can submit an original poem of up to 15 lines between **16 May and 12 June** for the chance to win exciting prizes, including a signed copy of *Poetry Pizza*, a book voucher, and even the opportunity to perform their poem alongside acclaimed children's poet and festival ambassador Simon Mole. Families and teachers can also join a free online poetry masterclass with Simon on **Wednesday 20 May, 9.15–10am** to help spark ideas. Winners will be announced on **30 June**, and we can't wait to see the magical poems our young writers create!

For more information and to submit your poem go to:

<https://applesandsnakes.org/project/magic-imagination-comp/>



Class Residentials

Important Information About Medication

Please ensure that any medication is given directly to the trip leader on the day of departure. This includes all prescribed medication, herbal remedies, and vitamins.

The trip leader will sign all medication in upon receipt.

Laura Henry-Allain MBE is launching an exciting new book and has warmly invited the school community to attend the book launch celebration.

Please see further details and event information using this [link](#).

The Royal Borough of Kensington
and Chelsea
**PORTOBELLO
ROAD, W. 11.**

from the creator of *Jolo & Gran Gran*
LAURA HENRY-ALLAIN MBE
Maya & Marley
and the New Friend
Illustrated by
YABAWEAH SCOTT

☆ **Saturday 6th June**
Portobello Road Market
From 10:00am onwards

Book Launch
Partners:
Afropi
Books of Black Origin

@LauraHAllain
@Yabaewah

Fred's Spirit Ink

The Fred's Spirit Ink store has just had a refresh with some great new pieces

You'll still find the favourites (including *Team Freds*), plus a range of new additions for both children and adults — all optional, non-uniform items designed to show your school spirit.

With the Fred's Park Run and summer events coming up, it's a great time to get involved.

Every purchase helps raise funds for the school

Order online — delivered direct to your home

Definitely worth a look:

<https://spirit-ink.co.uk/collections/princess-frederica-full-collection>

(Or scan the QR code)

We'll be adding more new items over the coming weeks, so do check back!

Thank you for supporting Fred's



**SHOW YOUR
FRED'S'
SCHOOL SPIRIT**

SHOP THE COLLECTION NOW

- CUSTOM T-SHIRTS, HOODIES & ACCESSORIES
- FOR PRINCESS FRED'S ADULTS & KIDS
- Every purchase raises funds for the school
- Order online, delivered to your door

SCAN HERE TO SHOP THE SCHOOL STORE



www.spirit-ink.co.uk

Reading news

2026 Reading Challenge for
May



**What was your favourite
poem?**

**Could you learn the poem
and perform it?**

Reading news

2026 Reading Challenge for
June



Who is your sporting hero?

How do they inspire you?

Reading news

We still need you!

**Would you be interested in becoming a
reading volunteer at our school?**

**Do you think you could help support
children who need some extra help
reading?**

**If this interests you or someone you know, please
email: smccann@lifefull.org**

(No teaching experience required)



KENSAL TRI

GET FITTER,
MEET NEW PEOPLE
& RAISE £££'S FOR
LOCAL CHARITIES



SATURDAY
6TH JUNE
2026

FRED'S NEEDS YOU!

FOR A BRILLIANT DAY-OUT AT BLENHEIM PALACE

For more information on how to join in with this totally fabulous community event contact kensaltriathlon@gmail.com



www.kensaltri.com @kensaltri #forthegoodofthehood



SPRING NEWSLETTER

Spring into healthy habits!

brent school nursing

Our newsletters aim to provide families and young people with some useful tips for keeping healthy. Childhood is an important time to instil healthy habits and learn crucial life skills. Establishing these habits early on will help to improve your child's quality of life in the future and enable them to reach their full potential educationally.

DONT BE MEAN - KEEP YOUR HANDS CLEAN!

Hand washing is one of the **simplest** and **most effective** ways to stay healthy and prevent the spread of germs.

Our hands touch many surfaces every day, and germs can easily enter our body when we touch our eyes, nose, or mouth.



MOVE.MORE.MAY

London is a never-ending playground of fun and adventure! Whether you're up for a huge thrill or just a tiny treat, there's something for everyone to enjoy.

EXPLORE THE MUSEUMS IN THE CITY!

Explore London's free captivating and interactive museums like the British Museum, Natural History Museum, National Gallery, and National Portrait Gallery for a magical journey with remarkable wonders.

UPCOMING EVENTS

19.4.2026: St George's Day Parade @ Trafalgar Square

3.4.2026-26.4.2026: Tulip Festival @ Hampton Court

23.4.2025-26.4.2026: North London Book Festival

4.5.2026: Early May Bank Holiday

25.5.2026: Spring Bank Holiday

30.5.2026: Eid on the Square @ Trafalgar Square

BRENT SCHOOL NURSING TEAM IS HERE FOR YOU!



If you would like to speak to a school health nurse, please call our 0-19 Single Point of Access number **020 8102 4900**. We will call you back if you leave a message.



You can also contact us through email on: clcht.brentnspaduty@nhs.net



We are based at:
Sudbury Primary Care Centre, Watford Road, Wembley HA0 3HG
Willenden Centre for Health and Care, Robson Avenue, London NW10 3RY



HAYFEVER

Hayfever is a common allergy that causes sneezing, coughing and itchy eyes. You can't cure it, but there are things you can do to alleviate your symptoms or medication to help tackle hayfever.

What are the signs & symptoms?



sneezing and coughing



runny or blocked nose



itchy throat, mouth, nose and ears



itchy, red or watery eyes



headache/pain around the sides of your head and your forehead



loss of smell



extreme tiredness (fatigue)

How to manage hayfever?

- ✓ Put petroleum jelly (such as Vaseline) around your nostrils to trap pollen
- ✓ Wear wrap around sunglasses, a mask or a wide-brimmed hat to stop pollen getting into your nose and eyes
- ✓ Shower and change your clothes after you have been outside to wash pollen off
- ✓ Keep windows and doors shut as much as possible
- ✓ Vacuum regularly and dust with a damp cloth



Ask a Pharmacist

Speak to a pharmacist if you have hayfever. They can give you advice and suggest the best treatments to help with symptoms, such as:

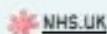
- Antihistamine drops, tablets or nasal sprays
- Steroid nasal sprays

Some Antihistamines can make you very sleepy, so speak to your pharmacist about non-drowsy Antihistamines if you need to.

Seek GP advice if:

- your symptoms are getting worse
- your symptoms do not improve after taking medicines from the pharmacy

FOR MORE INFORMATION VISIT:



[NHS.UK](https://www.nhs.uk)



[ALLERGY.UK](https://www.allergyuk.org)

MEASLES

Measles is an infection that spreads very easily and can cause serious problems in some people. Having the MMR vaccine is the best way to prevent it.

The first symptoms of measles include:



- a high temperature
- a runny or blocked nose
- sneezing
- a cough
- red, sore, watery eyes

Measles usually starts with cold-like symptoms, followed by a rash a few days later, a rash usually starts on the face and behind the ears before appearing on the rest of the body. Some people may also get small spots in their mouth.

Contact your GP to check if your child is due for an MMR vaccine (measles, mumps & rubella)

[NHS.UK](https://www.nhs.uk)

[NHS | MEASLES](https://www.nhs.uk/conditions/measles)

HAND, FOOT AND MOUTH DISEASE (HFMD)

Hand, foot and mouth disease is a common childhood illness that can also affect adults. It usually gets better on its own in 7 to 10 days.

Signs & symptoms: How to treat hand, foot and mouth disease yourself:

The 1st symptoms of hand, foot and mouth disease can be:

- a sore throat
- a high temperature
- not wanting to eat

The 2nd stage usually starts a few days later and symptoms can include:

- mouth ulcers, which can be painful
- a raised rash of spots on the hands and feet, and sometimes the groin area and bottom

Hand, foot and mouth disease usually gets better on its own in 7 to 10 days. You cannot take antibiotics or other medicines to cure it.

To help the symptoms:

- drink cool fluids to soothe the mouth and prevent dehydration (but avoid acidic drinks, such as fruit juice)
- eat soft foods like yogurt and avoid hot, salty and spicy foods
- take paracetamol or ibuprofen to help ease a sore mouth or throat

Contact your GP if:

- symptoms of hand, foot and mouth disease do not improve after 7 to 10 days
- you're pregnant and get hand, foot and mouth disease

[NHS | HFMD](https://www.nhs.uk/conditions/hand-foot-and-mouth-disease)

Hand, foot and mouth disease can be spread to other people.



CHICKENPOX

Chickenpox is a common infection that spreads easily and mostly affects children. It usually gets better on its own after 1 to 2 weeks without needing to see a GP, but can be serious in some people.

Signs & symptoms:

The main symptom of chickenpox is an itchy, spotty rash. It can be anywhere on the body.

Before or after the rash appears, you might also have:

- a high temperature
- aches and pains, and generally feel unwell
- loss of appetite
- spots all over your body which turn into blisters

Contact your GP if:

- you're not sure it's chickenpox
- you're concerned about yourself or your child
- tell the receptionist you think it might be chickenpox before going in to a GP surgery.

FOR MORE INFORMATION VISIT:

[NHS | CHICKENPOX](https://www.nhs.uk/conditions/chickenpox)

ASTHMA FRIENDLY SCHOOLS

New schools on the list.

Congratulations!



PRIMARY SCHOOLS

- CARLTON VALE INFANTS SCHOOL
- CONVENT OF JESUS & MARY CATHOLIC INFANT SCHOOL
- FRYENT PRIMARY SCHOOL
- EASTLANE PRIMARY SCHOOL
- GLADSTONE PARK PRIMARY SCHOOL
- HARLESDEN PRIMARY SCHOOL
- KILBURN PARK PRIMARY SCHOOL
- LYON PARK PRIMARY SCHOOL
- NORTHVIEW PRIMARY SCHOOL
- PHOENIX ARCH SCHOOL
- ROE GREEN INFANT SCHOOL
- ST ANDREW & ST FRANCIS COFE PRIMARY SCHOOL
- ST JOSEPH'S RC INFANT SCHOOL
- ST JOSEPH'S RC JUNIOR SCHOOL
- ST JOSEPH'S RC PRIMARY SCHOOL
- ST MARGARET CLITHEROW RC PRIMARY SCHOOL
- ST MARY MAGDALEN'S CATHOLIC JUNIOR SCHOOL
- ST ROBERT SOUTHWELL RC PRIMARY SCHOOL
- STONEBRIDGE PRIMARY SCHOOL
- SALUSBURY PRIMARY SCHOOL
- UXENDON MANOR PRIMARY SCHOOL

SECONDARY SCHOOLS

- ASHLEY COLLEGE
- HARRIS LOWE ACADEMY WILLESDEN

Note: Some schools are on the process of renewing the annual certificates.

JOIN THE 27
**ASTHMA FRIENDLY
 SCHOOLS NOW!**

**TO ENABLE EACH CHILD TO LEAD
 A FULL AND ACTIVE LIFE!!**

An Asthma Friendly School is one where children with asthma are safe and can fully participate in all elements of school life. By signing up, schools are committing to ensuring that all school staff know what to do if a child has an asthma attack.

A CHILD'S OR YOUNG PERSON'S ASTHMA IS EVERYONE'S RESPONSIBILITY. WE ALL HAVE A ROLE TO PLAY IN PROMOTING GOOD ASTHMA SELF-MANAGEMENT AND CARE.



Contact us to know more on how to get your AFS certificates or talk your allocated School Nurse.

BRENT FAMILY WELLBEING CENTRES

The Brent Family Wellbeing Centres provide a range of community-led services that can support you from the moment you know you're expecting, through pregnancy and birth, until your child is 18 years old (or up to 25 for children and young people with special educational needs). The centres offer a wide range of free health, education and welfare services to families and aim to give everyone in Brent the best possible start in life. Register to join the Family Wellbeing Centres [HERE](#).

FOOD BANKS

It's a challenging time for everyone at the moment. Food banks are grassroots, community organisations aimed at supporting people who cannot afford the essentials in life.

To find a food bank near you, visit:
[Brent Foodbank](#)
[Trussell Trust](#)
[Suфра Foodbank and Kitchen](#)



NHS SERVICES

USE THE RIGHT SERVICE

<p>Self Care Care for yourself at home</p> <p>When you can't get on with your health, when you're unwell, or you're not well.</p>	<p>Pharmacy Local expert advice</p> <p>When you have a health problem, when you're unwell, or you're not well.</p>	<p>NHS 111 Non-emergency help</p> <p>When you're unwell, when you're not well, or you're not well.</p>	<p>GP Advice Get advice from your GP</p> <p>When you're unwell, when you're not well, or you're not well.</p>	<p>LTCs Urgent Treatment Centres</p> <p>When you're unwell, when you're not well, or you're not well.</p>	<p>A&E or 999 For emergencies only</p> <p>When you're unwell, when you're not well, or you're not well.</p>
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