



Dear Parents and Carers,

We now come to the end of another busy and successful half term with so much to celebrate across the school. From Year 6 completing their SATs assessments with resilience and determination, to the many educational trips, music concerts and creative learning experiences taking place across the school, there has been much to be proud of. The children have shown enthusiasm, confidence and teamwork throughout the term, and we are incredibly proud of all they have achieved.

There is also much to look forward to next half term, including Sports Day, the Year 6 performance, more trips and residential, and our exciting Artful Ambitions Week. Please take a look at the attached key dates so that you are aware of all the upcoming events.

Year 5 has now returned from their residential trip to Cloverley Hall and, by all accounts, they had a fantastic time. During the trip, the children enjoyed visits to Chester Zoo, a local forest, the RAF Museum and a farm. The residential gave the children opportunities to build confidence, independence and teamwork, while creating many wonderful memories with their friends. We are also looking forward to Year 3 heading off to Celtic Harmony on the second day back after half term, and we cannot wait to hear all about their adventures.

Year 6 thoroughly enjoyed their Leavers' Disco this week as part of their end-of-SATs celebrations. I have heard that one of the highlights of the evening was watching the teachers dancing! Thank you to all the parents and volunteers who worked so hard to organise the event and make it such a success. Although SATs assessments in Reading, Maths and Grammar are now complete, Year 6 continue to work hard on their writing assessments, which will take place next half term.

Thank you, as always, for your continued support this half term. At Fred's, we feel incredibly fortunate to have such a committed and supportive community of parents and families. I hope you all enjoy the wonderful weather next week and have a restful half-term break. For those celebrating Eid, we wish you a joyful and meaningful time with family and friends. We look forward to welcoming everyone back for another exciting half term ahead. Best Wishes, Miss Fautley

Art Group

We are excited about "Artful Ambitions Week" taking place on the week commencing 22nd June. We are planning to create a large piece of work based on our community. If you are a keen painter or would like to help, please speak to Miss Fautley. Further details are to follow.

SEND Parent Group We will be hosting a parent coffee morning on Wednesday 8th July at 9:00am. The session will focus on autism and masking, as well as supporting children with emotional and sensory regulation at home. Further details will be shared closer to the time.

Learning in action

Here are some highlights of children at Fred's enjoying their learning at the start of the year:

6 Chestnut had an enjoyable afternoon playing board games. It was a research session before the children design and make their own board games!



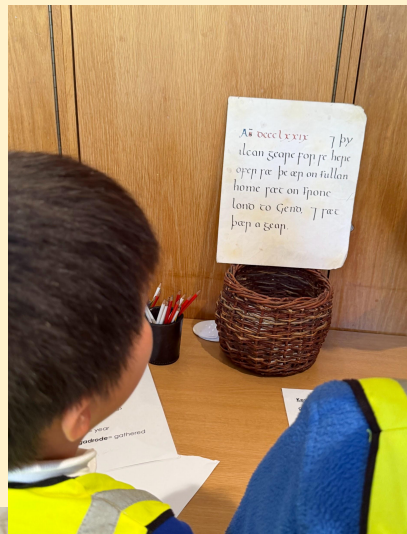
Year 6 enjoyed an amazing Leaver's Disco on Wednesday evening. A huge thank you to all the parents that organised it.



Year 6 Oak had such an amazing Monday afternoon playing a range of board games in preparation for their exciting project ahead: board game invention. This session enabled them to think more carefully about game purpose, design and theme. They can't wait to get started with this project!



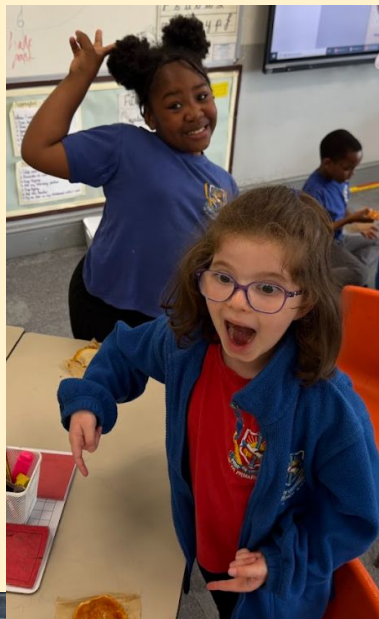
4 Apple had a great day visiting Fulham Palace and taking part in a Vikings and Anglo-Saxon workshop. We learnt that the grounds of Fulham Palace is rumoured to be one of the Vikings first campsites!



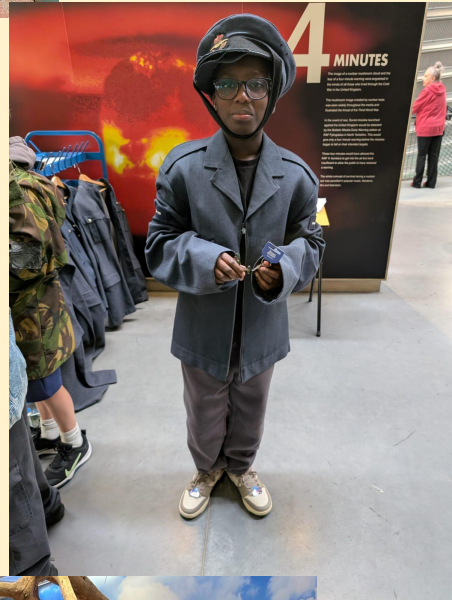
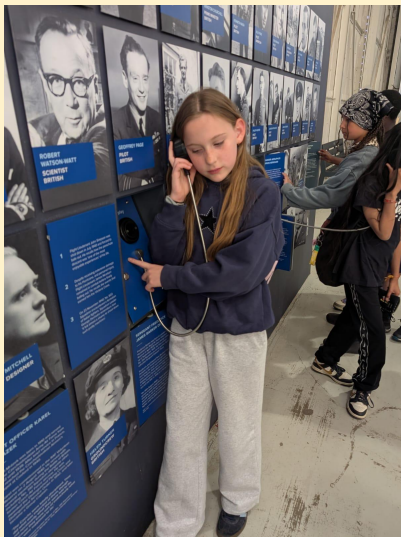
3 Bramble had another go at making pizzas and added tomato sauce and mozzarella cheese to them. We had some unusual shaped creations, but they tasted delicious!



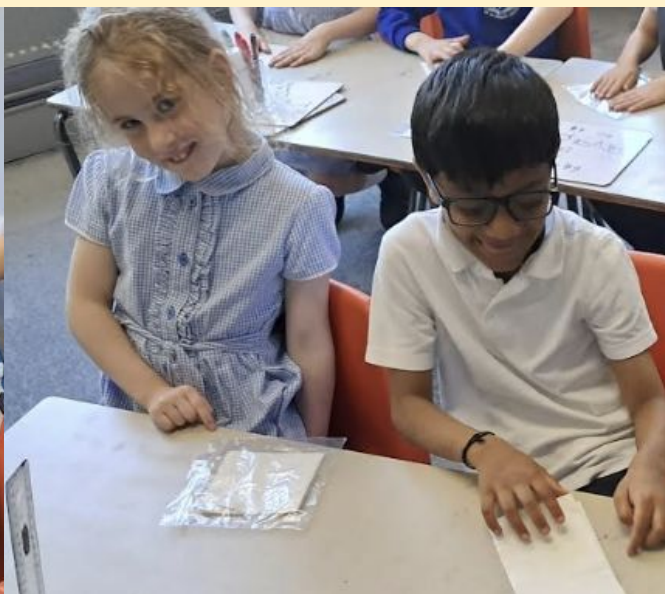
3 Hawthorn become pizza chefs on Wednesday afternoon! They added tomato paste and cheese to their pizza dough. Look how delicious our pizzas looked!



Year 5 have had a fantastic week away in Shropshire for their residential trip. Here are some photos.



In Science, 2 Honeysuckle have enjoyed investigating seeds and bulbs and had great fun planting their half-term project — beans! We are now inviting parents and carers to support the children by helping them observe and record their findings as their beans begin to grow.



Nursery have been reading The Little Red Riding Hood this week. They have had a full week: making beetroot brownies for grandma, baskets for Little Red Riding Hood and reversible masks. They even wore their masks with on a treasure hunt in the embankment looking for cakes for grandma. They have also learnt the letter "d" and practiced writing it.





Stars of the Week



These children have consistently demonstrated our exemplary learning behaviour this week

Class	Pupil
Mint	Alexander
Dandelion	Mahira
Buttercup	Theia
Thyme	Marlowe
Sage	Otis
Thistle	Marcuz
Honeysuckle	Gabrielle and Leo
Hawthorn	Daniel
Bramble	Jack
Apple	Liam
Cherry	Jake
Oak	Clio
Chestnut	Joseph

LifeFull Awards - for setting a personal target and working towards this:

Orla 4A
Thelma 4A
Alessa 4A
Evie 4A



PE Stars of the Week

Agnes yr2
Skylah yr3



Spanish Stars of the Week

Axel 6C
Zebedee 6C





PE News

Dear Parents and Carers,

As we all look forward to a well-deserved break next week, preparations are already underway for our Sports Days after half term. These are always exciting events and we look forward to welcoming families along to support the children.

Sports Day Dates:

EYFS – Thursday 18th June in the school playground

KS1 & KS2 – Friday 19th June at Willesden Sports Centre

- Year 1 & 2 – Friday morning
- Year 3, 4, 5 & 6 – Friday afternoon

A letter will be sent out soon with all the relevant information, particularly for families with children across different key stages.

Have a fantastic week off and we look forward to seeing everyone back for Summer 2.

Mr Chantler



Music

On Tuesday, some year 4 boys attended the Brent Boys' Sing, a brilliant workshop led by the amazing Joe Prescott.

The Brent Music Service also offer weekly choirs, orchestras and guitar ensembles: More information can be found here:

<https://sites.google.com/view/bmsinformation/ensembles>

Happy singing
And practising!



Head Boy and Head Girl Report:

In Monday's assembly we learnt about setting your own personal goals and achieving them. On Wednesday we had our leavers Disco and took photos for our yearbook. We are happy to say that we saw Mr Duker busting some moves.

On Tuesday we auditioned for parts in our summer production: High School Musical We have been told our roles and are very excited to start rehearsing for the show. In art we have been finishing off our Gutsav Glint colleges - we used vibrant colours and lots of gold. Have a lovely half term break

Jess and Vishan



What is happening around the world



Young Inventors Helping the Planet

Teenagers from different countries have won special awards for creating ideas to help the environment. One team designed a way to clean pollution from cars, while another made building materials from recycled waste. These young people are showing that children can make a big difference!

Chess Champions!

A public primary school team from New York, USA, has won a national chess championship. The children worked hard, practised regularly and beat many experienced teams. Their teachers said teamwork and confidence helped them succeed.



Teen Pilot Raises Money for Charity

An Australian teenager completed an amazing solo flight around Australia while raising money for children who need medical help in remote areas. She raised more than £50,000 for charity and inspired many young people to follow their dreams.

Celebrating Different Faiths

Schools and communities across the UK have been taking part in Inter Faith Week. Children have been learning about different religions, traditions and celebrations from around the world. Activities included sharing food, stories and artwork.

Faith Groups Helping Others

Many churches, mosques, temples, synagogues and other faith groups have been organising food collections and helping families in need. Volunteers say kindness and community spirit are more important than ever.

Learning Together

Some schools have created special displays about world religions to help pupils learn about different beliefs and cultures. Teachers say these projects help children understand and respect one another.

Coming Up Soon

- World Environment Day – 5 June
- Refugee Week – 16–22 June
- International Day of Friendship – 30 Jul



Important dates the first week back:

- 2/6/26 Y3 Residential
- Pupil wellbeing survey
- 4/6/26 Junior Choir Sing Festival-Y2
- 6/4/26 Kensal Tri



Dates coming up next half term (full list of dates to follow)

- 6/6/26 PSA Kensal Triathlon
- WC 8/6/26 Year 4 Multiplication Check
- WC 8/6/26 KS1 phonics check
- WC 8/6/26 Year 6 Residential
- 12/6/26 6.30pm Year 2 sleepover
- 18/6/26 Y1 visit to National Army Museum
- 19/6/25 KS1&2 Sport's Day
- WC 22/6/25 Artful Ambitions Week
- WC 29/6/26 Year 4 Residential
- 30/6/26 5.30pm New EYFS Parents Welcome Evening
- 1/7/26 Year 5 Greek Workshop

Class assemblies

All assemblies take place at 10:00am in the main hall

Friday 12th June - Nursery





KEY DATES FOR PARENTS

Summer Second Half

Our Christian Value this half term is.... Unity



Date	Event
1.6.26	Pupils return to school
2.6.26	Year 3 Residential
WC 8.6.26	Assessment Week
WC 8.6.26	Y4 Multiplication Check
WC 8.6.26	Y1 Phonics Screening
8.6.26	Year 6 Residential
10.6.26	Y3 trip to Lexie Cinema
12.6.26	Y2 Sleepover 6.30pm
WC 15.6.26	Travelling Book Fair
15.6.26	Author Visit KS2
17.6.26	Y6 Wizard choices workshop
18.6.26	Y1 trip National Army Museum
18.6.26	EYFS sports day 9.15am
19.6.26	KS1 & KS2 Sports day 9am-3.30pm
WC 22.6.26	Artful Ambitions Week
24.6.26	Y3 trip Gunnersbury Museum
29.6.26	Y4 Residential
30.6.26	New Parents welcome evening EYFS 5.30pm-7pm
1.7.26	Y5 Greek workshop -downstairs hall or classroom
1.7.26	Y6 production 6pm-7pm
7.7.26	SATs results published
8.7.26	BOAT coffee morning 9am
9.7.26	Y2 seaside trip 10.30am-2.30pm
10.7.26	All Change morning-class handovers
13.7.26	Chestnut graduation 2pm-3pm
14.7.26	Oak graduation 2pm-3pm
17.7.26	Leavers' service St Martins EYFS-Y6 10am

CHILDREN FINISH FOR SUMMER 17.7.26 2pm No clubs or Kenzalia
ARE BACK IN SCHOOL ON 3.9.26

Notices and reminders

WhatsApp Communication

A reminder regarding the use of WhatsApp groups.

Any WhatsApp groups should only be used for the following purposes:

- Communicating key information
- Helping to organise class events
- Sharing information relevant to the class



WhatsApp groups must not be used:

- To discuss incidents that have happened at school
- To name or comment on individual pupils or staff
- To post negative comments about the school

Any concerns should be communicated directly to the school leadership team rather than discussed on WhatsApp. We are always happy to help and support where needed.

Please note that if any groups are found not to be following these guidelines, this will be taken seriously by the school in line with safeguarding procedures.

Thank you for your cooperation and understanding.

Nut-Free School

We are a nut-free school. No nuts or nut-based products must be brought into school. This includes school trips and any school-related activities. Please note, morning snacks should be vegetables or fruit- this can be dried or fresh.

Thank you for your understanding and support in helping us keep our school community safe.



Sunny Weather

As the weather is finally changing and we are starting to enjoy some sunshine, please ensure your child comes to school with a named sunhat and water bottle, and that sunscreen is applied before school.

If you would like your child to apply additional sunscreen during the day, please send this into school in a labelled bottle. Adults are not permitted to apply sunscreen, but they can support and guide children to apply it themselves.



Fred's Spirit Ink

The Fred's Spirit Ink store has just had a refresh with some great new pieces

You'll still find the favourites (including *Team Freds*), plus a range of new additions for both children and adults — all optional, non-uniform items designed to show your school spirit.

With the Fred's Park Run and summer events coming up, it's a great time to get involved.

Every purchase helps raise funds for the school

Order online — delivered direct to your home

Definitely worth a look:

<https://spirit-ink.co.uk/collections/princess-frederica-full-collection>

(Or scan the QR code)

We'll be adding more new items over the coming weeks, so do check back!

Thank you for supporting Fred's



**SHOW YOUR
FRED'S'
SCHOOL SPIRIT**

SHOP THE COLLECTION NOW

- CUSTOM T-SHIRTS, HOODIES & ACCESSORIES
- FOR PRINCESS FRED'S ADULTS & KIDS
- Every purchase raises funds for the school
- Order online, delivered to your door

SCAN HERE TO SHOP THE SCHOOL STORE



www.spirit-ink.co.uk

Reading news

2026 Reading Challenge for
May



**What was your favourite
poem?**

**Could you learn the poem
and perform it?**

Reading news

2026 Reading Challenge for
June



Who is your sporting hero?

How do they inspire you?

Reading news

We still need you!

**Would you be interested in becoming a
reading volunteer at our school?**

**Do you think you could help support
children who need some extra help
reading?**

If this interests you or someone you know, please
email: smccann@lifefull.org

(No teaching experience required)



KENSAL TRI

GET FITTER,
MEET NEW PEOPLE
& RAISE £££'S FOR
LOCAL CHARITIES



SATURDAY
6TH JUNE
2026

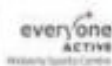
FRED'S NEEDS YOU!

FOR A BRILLIANT DAY-OUT AT BLENHEIM PALACE

For more information on how to join in with this totally fabulous community event contact kensaltriathlon@gmail.com



www.kensaltri.com @kensaltri #forthegoodofthehood



SPRING NEWSLETTER

Spring into healthy habits!

brent school nursing

Our newsletters aim to provide families and young people with some useful tips for keeping healthy. Childhood is an important time to instil healthy habits and learn crucial life skills. Establishing these habits early on will help to improve your child's quality of life in the future and enable them to reach their full potential educationally.

DONT BE MEAN - KEEP YOUR HANDS CLEAN!

Hand washing is one of the **simplest** and **most effective** ways to stay healthy and prevent the spread of germs.

Our hands touch many surfaces every day, and germs can easily enter our body when we touch our eyes, nose, or mouth.



MOVE.MORE.MAY

London is a never-ending playground of fun and adventure! Whether you're up for a huge thrill or just a tiny treat, there's something for everyone to enjoy.

EXPLORE THE MUSEUMS IN THE CITY!

Explore London's free captivating and interactive museums like the British Museum, Natural History Museum, National Gallery, and National Portrait Gallery for a magical journey with remarkable wonders.

UPCOMING EVENTS

19.4.2026: St George's Day Parade @ Trafalgar Square

3.4.2026-26.4.2026: Tulip Festival @ Hampton Court

23.4.2025-26.4.2026: North London Book Festival

4.5.2026: Early May Bank Holiday

25.5.2026: Spring Bank Holiday

30.5.2026: Eid on the Square @ Trafalgar Square

BRENT SCHOOL NURSING TEAM IS HERE FOR YOU!



If you would like to speak to a school health nurse, please call our 0-19 Single Point of Access number **020 8102 4900**. We will call you back if you leave a message.



You can also contact us through email on: clcht.brentnspaduty@nhs.net



We are based at:
Sudbury Primary Care Centre, Watford Road, Wembley HA0 3HG
Willenden Centre for Health and Care, Robson Avenue, London NW10 3RY



HAYFEVER

Hayfever is a common allergy that causes sneezing, coughing and itchy eyes. You can't cure it, but there are things you can do to alleviate your symptoms or medication to help tackle hayfever.

What are the signs & symptoms?



sneezing and coughing



runny or blocked nose



itchy throat, mouth, nose and ears



itchy, red or watery eyes



headache/pain around the sides of your head and your forehead



loss of smell



extreme tiredness (fatigue)

How to manage hayfever?

- ✓ Put petroleum jelly (such as Vaseline) around your nostrils to trap pollen
- ✓ Wear wrap around sunglasses, a mask or a wide-brimmed hat to stop pollen getting into your nose and eyes
- ✓ Shower and change your clothes after you have been outside to wash pollen off
- ✓ Keep windows and doors shut as much as possible
- ✓ Vacuum regularly and dust with a damp cloth



Ask a Pharmacist

Speak to a pharmacist if you have hayfever. They can give you advice and suggest the best treatments to help with symptoms, such as:

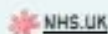
- Antihistamine drops, tablets or nasal sprays
- Steroid nasal sprays

Some Antihistamines can make you very sleepy, so speak to your pharmacist about non-drowsy Antihistamines if you need to.

Seek GP advice if:

- your symptoms are getting worse
- your symptoms do not improve after taking medicines from the pharmacy

FOR MORE INFORMATION VISIT:



[NHS.UK](https://www.nhs.uk)



[ALLERGY.UK](https://www.allergyuk.org)

MEASLES

Measles is an infection that spreads very easily and can cause serious problems in some people. Having the MMR vaccine is the best way to prevent it.

The first symptoms of measles include:



- a high temperature
- a runny or blocked nose
- sneezing
- a cough
- red, sore, watery eyes

Measles usually starts with cold-like symptoms, followed by a rash a few days later, a rash usually starts on the face and behind the ears before appearing on the rest of the body. Some people may also get small spots in their mouth.

Contact your GP to check if your child is due for an MMR vaccine (measles, mumps & rubella)

[NHS.UK](https://www.nhs.uk)

[NHS | MEASLES](https://www.nhs.uk/conditions/measles)

HAND, FOOT AND MOUTH DISEASE (HFMD)

Hand, foot and mouth disease is a common childhood illness that can also affect adults. It usually gets better on its own in 7 to 10 days.

Signs & symptoms: How to treat hand, foot and mouth disease yourself:

The 1st symptoms of hand, foot and mouth disease can be:

- a sore throat
- a high temperature
- not wanting to eat

The 2nd stage usually starts a few days later and symptoms can include:

- mouth ulcers, which can be painful
- a raised rash of spots on the hands and feet, and sometimes the groin area and bottom

Hand, foot and mouth disease usually gets better on its own in 7 to 10 days. You cannot take antibiotics or other medicines to cure it.

To help the symptoms:

- drink cool fluids to soothe the mouth and prevent dehydration (but avoid acidic drinks, such as fruit juice)
- eat soft foods like yoghurt and avoid hot, salty and spicy foods
- take paracetamol or ibuprofen to help ease a sore mouth or throat

Contact your GP if:

- symptoms of hand, foot and mouth disease do not improve after 7 to 10 days
- you're pregnant and get hand, foot and mouth disease

[NHS | HFMD](https://www.nhs.uk/conditions/hand-foot-and-mouth-disease)

Hand, foot and mouth disease can be spread to other people.



CHICKENPOX

Chickenpox is a common infection that spreads easily and mostly affects children. It usually gets better on its own after 1 to 2 weeks without needing to see a GP, but can be serious in some people.

Signs & symptoms:

The main symptom of chickenpox is an itchy, spotty rash. It can be anywhere on the body.

Before or after the rash appears, you might also have:

- a high temperature
- aches and pains, and generally feel unwell
- loss of appetite
- spots all over your body which turn into blisters

Contact your GP if:

- you're not sure it's chickenpox
- you're concerned about yourself or your child
- tell the receptionist you think it might be chickenpox before going in to a GP surgery.

FOR MORE INFORMATION VISIT:

[NHS | CHICKENPOX](https://www.nhs.uk/conditions/chickenpox)

ASTHMA FRIENDLY SCHOOLS

New schools on the list.

Congratulations!



PRIMARY SCHOOLS

- CARLTON VALE INFANTS SCHOOL
- CONVENT OF JESUS & MARY CATHOLIC INFANT SCHOOL
- FRYENT PRIMARY SCHOOL
- EASTLANE PRIMARY SCHOOL
- GLADSTONE PARK PRIMARY SCHOOL
- HARLESDEN PRIMARY SCHOOL
- KILBURN PARK PRIMARY SCHOOL
- LYON PARK PRIMARY SCHOOL
- NORTHVIEW PRIMARY SCHOOL
- PHOENIX ARCH SCHOOL
- ROE GREEN INFANT SCHOOL
- ST ANDREW & ST FRANCIS COFE PRIMARY SCHOOL
- ST JOSEPH'S RC INFANT SCHOOL
- ST JOSEPH'S RC JUNIOR SCHOOL
- ST JOSEPH'S RC PRIMARY SCHOOL
- ST MARGARET CLITHEROW RC PRIMARY SCHOOL
- ST MARY MAGDALEN'S CATHOLIC JUNIOR SCHOOL
- ST ROBERT SOUTHWELL RC PRIMARY SCHOOL
- STONEBRIDGE PRIMARY SCHOOL
- SALUSBURY PRIMARY SCHOOL
- UXENDON MANOR PRIMARY SCHOOL

SECONDARY SCHOOLS

- ASHLEY COLLEGE
- HARRIS LOWE ACADEMY WILLESDEM

Note: Some schools are on the process of renewing the annual certificates.

**JOIN THE 27
 ASTHMA FRIENDLY
 SCHOOLS NOW!**

**TO ENABLE EACH CHILD TO LEAD
 A FULL AND ACTIVE LIFE!!**

An Asthma Friendly School is one where children with asthma are safe and can fully participate in all elements of school life. By signing up, schools are committing to ensuring that all school staff know what to do if a child has an asthma attack.

A CHILD'S OR YOUNG PERSON'S ASTHMA IS EVERYONE'S RESPONSIBILITY. WE ALL HAVE A ROLE TO PLAY IN PROMOTING GOOD ASTHMA SELF-MANAGEMENT AND CARE.



Contact us to know more on how to get your AFS certificates or talk your allocated School Nurse.

BRENT FAMILY WELLBEING CENTRES

The Brent Family Wellbeing Centres provide a range of community-led services that can support you from the moment you know you're expecting, through pregnancy and birth, until your child is 18 years old (or up to 25 for children and young people with special educational needs). The centres offer a wide range of free health, education and welfare services to families and aim to give everyone in Brent the best possible start in life. Register to join the Family Wellbeing Centres [HERE](#).

FOOD BANKS

It's a challenging time for everyone at the moment. Food banks are grassroots, community organisations aimed at supporting people who cannot afford the essentials in life.

To find a food bank near you, visit:
[Brent Foodbank](#)
[Trussell Trust](#)
[Suфра Foodbank and Kitchen](#)



NHS SERVICES

USE THE RIGHT SERVICE

 Self Care Care for yourself at home How to use a plaster, when to drink, when to go to hospital, coughs and colds	 Pharmacy Local expert advice When to see a pharmacist, when to see a GP, when to see a doctor	 NHS 111 Non-emergency help Getting a GP appointment, getting a prescription, when to see a doctor	 GP Advice Get advice from your GP When to see a GP, when to see a pharmacist, when to see a doctor	 LTCs Urgent Treatment Centres When to go to a hospital, when to go to a GP, when to go to a pharmacist	 A&E or 999 For emergencies only When to go to a hospital, when to go to a GP, when to go to a pharmacist
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