LifeFull Schools

John 10:10 - *'I come that they may have life and have it to the full'*

Newsletter 23.10.2026

Dear Parents and Carers,

It is amazing how quickly a half term flies by. I want to thank the Princess Frederica staff, pupils and parents for being so welcoming and supportive during my first half term. It has been a wonderful start to the new school year.

I would like to extend a huge thank you to Miss Bourne for organising 'Engineering Week' and for the staff and pupils enthusiasm. Feedback from the week has been very positive with pupil collaboration and engagement as well as high quality outcomes being highlights. Thank you to the parents who were able to come to the showcases and contribute to the process and the PSA for their contributions. We look forward to more engineering events in the future.

Year 6 braved the rain to visit the Imperial War Museum on Tuesday as part of their history curriculum and Year 2 visited Hyde Park on Thursday to participate in pond dipping as part of their science curriculum. The pupils all came back buzzing with excitement and keen to share their learning.

Well done to Y5 Birch for their Class Assembly today which was engaging and entertaining; your performance of 'Mr Blue Sky' was a delight to watch and your comedic timing was spot on!

Unfortunately, today's cross country event was cancelled due to weather conditions. This will be rescheduled at a later date.

I was honoured to host my first 'Love Thy Neighbour' event and celebrate the students who were chosen to represent their class. It is a wonderful tradition and I look forward the next one.

Have a safe and healthy half term and we look forward to welcoming everyone back on Tuesday 3rd of November. Kind regards, Miss Andrews

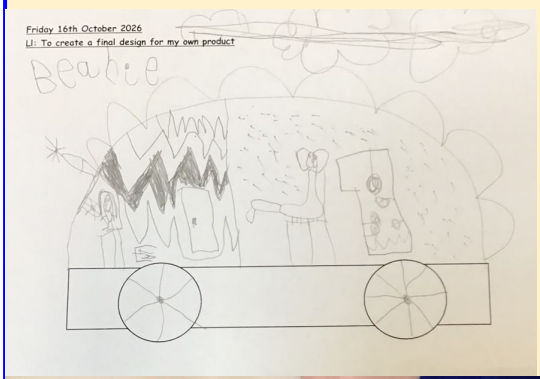
Whole School Inclusion Meeting: thank you to all the parents who were able to attend the meeting this week. Slides from the meeting are on the school website and if parents would like any further information, please email admin@lifefull.org to arrange a meeting with myself and Nicola.

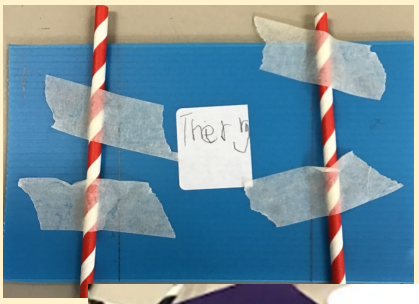
Princess Frederica CE School | College Road
email pfadmin@lifefull.org | 0207 6039225 | lifefullschools.org
Executive head teacher: Rebecca Hughes | Head of school: Jayne Andrews

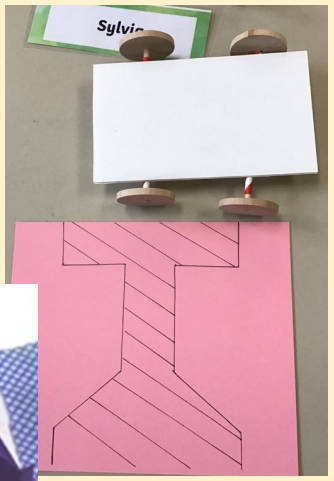
Learning in action

Here are some highlights of the fantastic learning that has taken place across Princess Frederica as we begin the new term!

Year 1 has had the best week ever! The children proved themselves to be fantastic engineers and designed, created and evaluated their cars with great flair and enthusiasm.

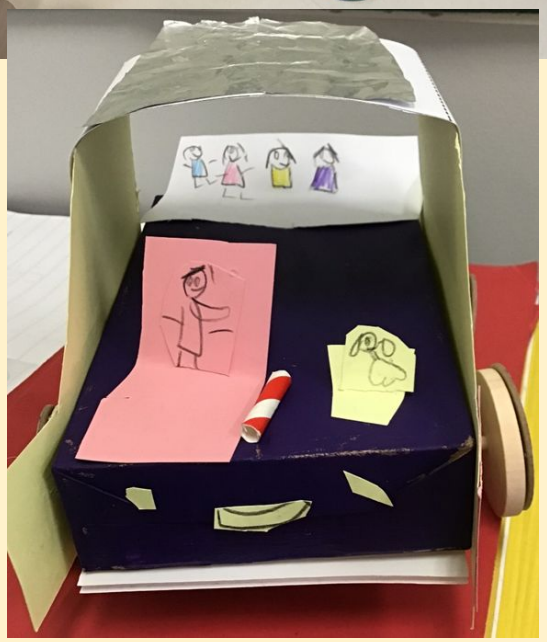














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Nursery have spent the week learning about different types of boats as well as designing and creating their own. They have also learnt about items that sink and float. They especially loved showing off their work to their parents.







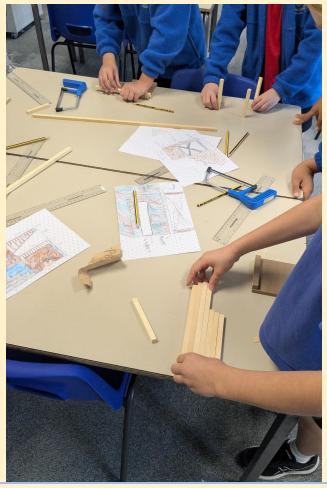




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6 Chestnut have had a really exciting week finishing and presenting our bird hide models in engineering. On Tuesday we visited the Imperial War museum, where we made mini documentaries in groups about the objects in the WW1 galleries. We took turns presenting, filming and directing the film.



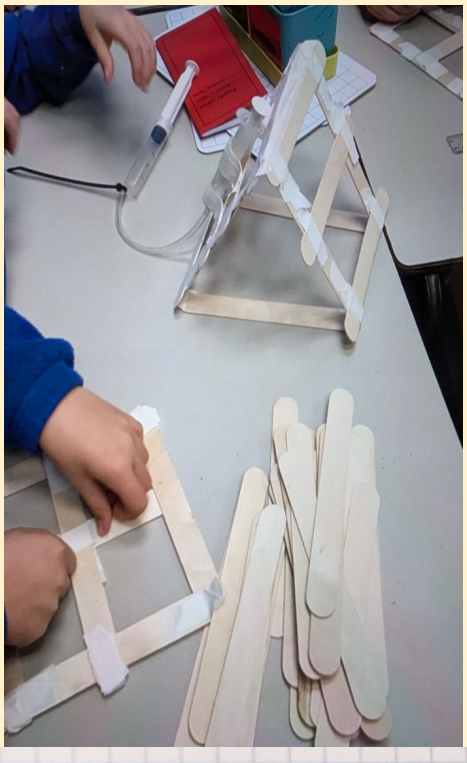


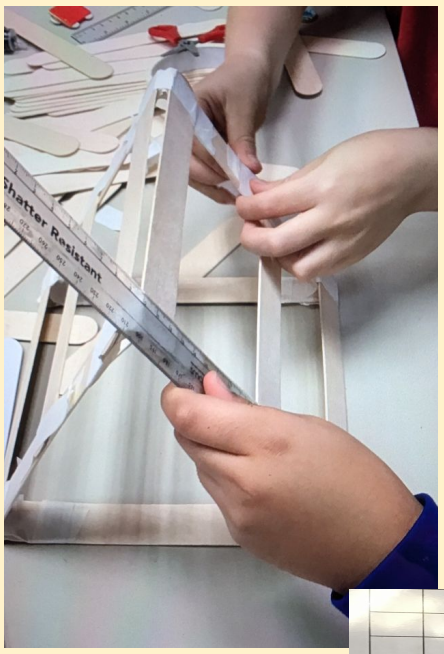
Year 2 had a fantastic time at The Lookout in Hyde Park, exploring different habitats. They enjoyed pond dipping, using microscopes to examine their discoveries, and searching under logs and stones for woodland insects with magnifying tools. The sunshine was on our side too!

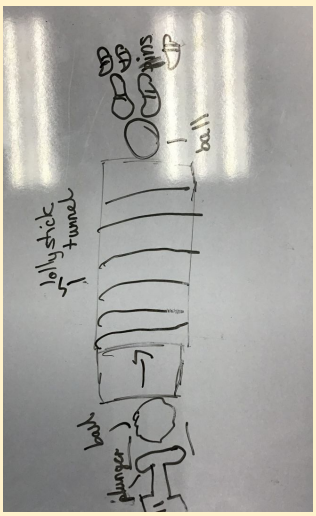
Learning in action

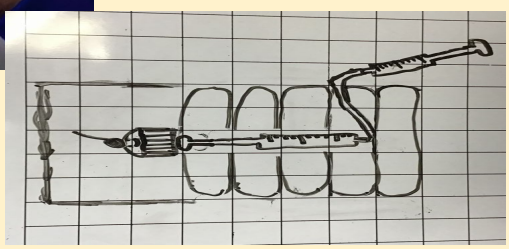
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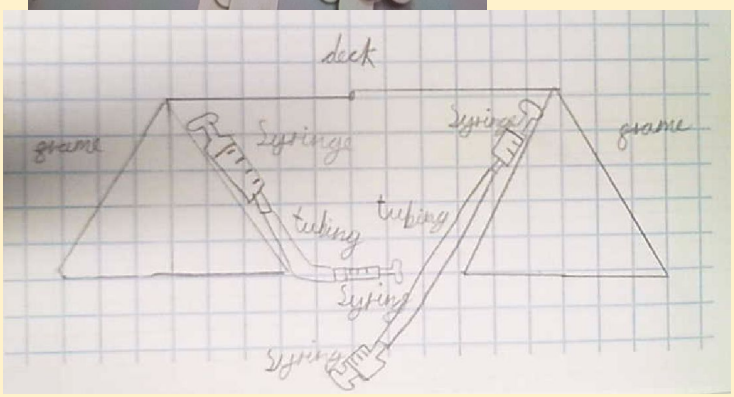
4 Cherry enjoyed an amazing Engineering Week! We started the week by exploring pneumatic and hydraulic systems. In our first project, we made a model of a bascule bridge by attaching lolly sticks and using two syringes as our pneumatic mechanism to raise the deck of the bridge. Then, we worked in teams to design and make our own unique project. We worked well together to overcome challenges!

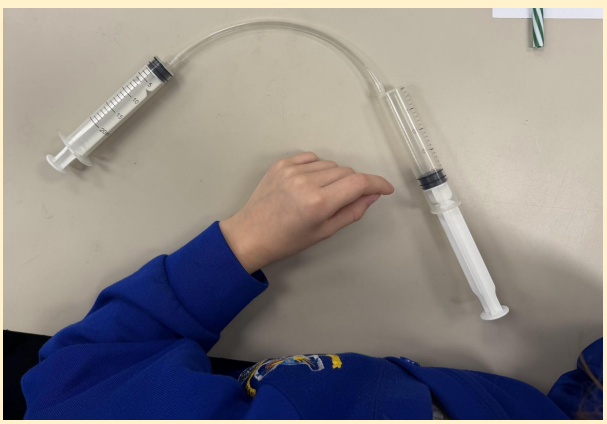












Learning in action

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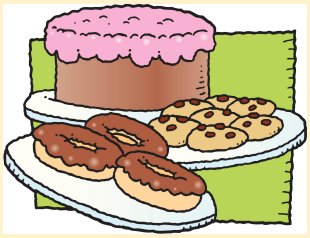


3 Hawthorn amazed Miss Dunne with their engineering week projects. They should be so proud of themselves!

Love Thy Neighbour

Once a term, children who have demonstrated one of the school values of Growth, Unity, Kindness or Faith are awarded a Love Thy neighbour award. On Thursday afternoon they enjoyed a special tea party with Miss Andrews and Ms Christopher.

1 Thyme - Maxwell	1 Sage - Frank
3 Bramble - Hazel	3 Hawthorn - Shaylan
4 Apple - Daniel	4 Cherry - Arya
5 Ash - Emi	5 Birch - Ayla
6 Chestnut - Noor	6 Oak - Beatrice



Year 2 were on their trip to Hyde Park

KEY DATES FOR PARENTS
AUTUMN TERM

Our Christian Value this half term is….Kindness

Date	Event
WC 26.10.26	Half term holiday
2.11.26	**Staff Inset Day- children not in school**
5.11.26	Year 5 trip to the Army Museum
10.11.26	New EYFS parent presentation 9.30am school hall
10.11.26	Y4 trip to Petrie Museum
19.11.26	Children in Need - wear your pjs day for £1
20.11.26	Y6 Junior Citizenship Trip
23.11.26	**Staff Inset Day- children not in school**
3.12.26	Boys Singing Club at Westfield choir competition
8.12.26 & 10.12.26	Parent Evening meetings
10.12.26	Nativity 2 Honeysuckle lead roles 10-11am
11.12.26	Nativity 2 Thistle lead roles 10-11am
16.12.26	Christmas lunch
18.12.26	Christmas Church Service St Martin’s 10-11am



PE News

Dear Parents & Carers,

Our first half term is completed and the children have worked hard improving on their PE skills and knowledge.

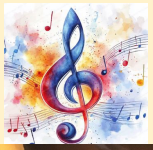
Year 4 have started well with their swimming lessons and already we are seeing children move up in groups as their swimming improves. E

EYFS children have settled into their lessons and are enjoying using all the new and exciting equipment we have.

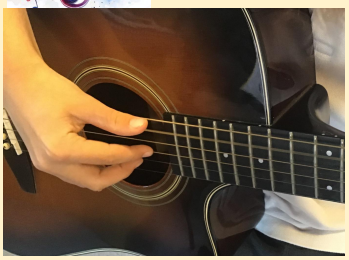
Looking ahead to the next half term and as the weather tends to get cold and wet, please can year 4 remember to wear waterproof coats on a Tuesday.

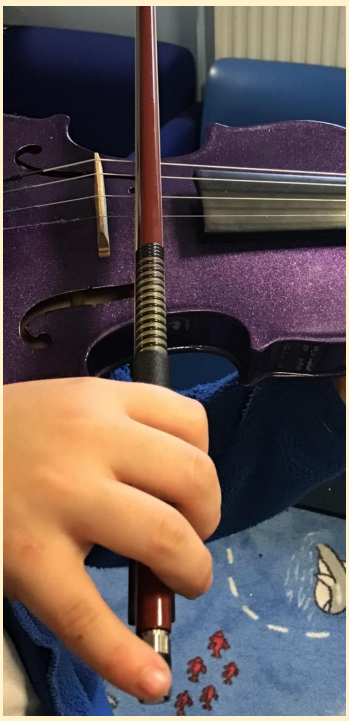
Enjoy the break. See you in November

Best wishes, Mr Chantler.

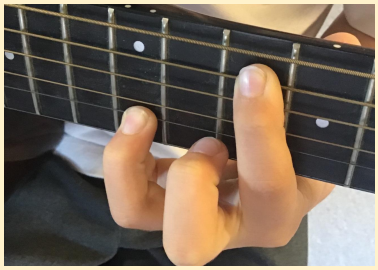


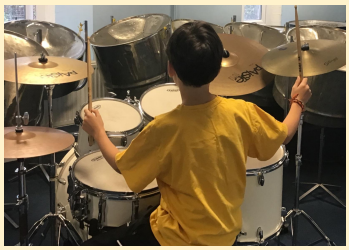
Music





Some photos of Children learning Their instruments. Happy practising Mr Tang





Head Boy and Head Girl

This week year 6 went on a trip to the Imperial War Museum. We had a fun workshop making our own documentaries using the artifacts in the museum. We loved our first engineering week because we learnt to use lots of different equipment and materials. We attended the first School Council meeting of the year and we talked about the rules and expectations for carrying our our roles. We also focused on evaluating the effectiveness of our collective worship and being agents of change.

We hope you have a lovely half term

Cosima and Gabriel

Weekly Awards





Learning Leaders Children who have displayed an exceptional attitude in their learning	
Class	**Pupil**
Mint	Ari
Dandelion	Lester
Buttercup	Eunna
Thyme	Ria
Sage	1 Sage
Thistle	Jeanie
Honeysuckle	Darcy
Hawthorn	Ethan
Bramble	Niko
Apple	Phoenix
Cherry	Eniola & Katinka
Ash	Lexie
Birch	Whole class
Oak	Wilfred
Chestnut	Humera

Lifefull Awards Children who have shown our school value of this half term of *kindness*	
Class	**Pupil**
Mint	Skye
Dandelion	Abe
Buttercup	Ishaan
Thyme	Diya
Sage	Rianna
Thistle	Frida
Honeysuckle	Zoë & Evie
Hawthorn	Mahira
Bramble	Alana
Apple	Luz
Cherry	Whole Class
Ash	Millie
Birch	Jordyn
Oak	Beatrice
Chestnut	Mischa

Class assemblies

All assemblies take place at 10:00am in the main hall

Class	Date
6 Oak	16.10.26
5 Birch	23.10.26
6 Chestnut	13.11.26
5 Ash	20.11.26
4 Apple	15.1.27
3 Hawthorn	22.1.27
4 Cherry	29.1.27
3 Bramble	5.2.27
2 Honeysuckle	12.3.27
1 Sage	19.3.27
2 Thistle	23.4.27
1 Thyme	30.4.27
Reception Buttercup	14.5.27
Reception Dandelion	21.5.27
Nursery Mint	16.6.27



Notices and reminders

Wellington Boots and Raincoats - with Autumn fully upon us, please can parents ensure that pupils have wellington boots and a raincoat at school so they can continue to enjoy Opal play when the weather is damp and drizzly.

PSA Cake Sale Dates 3.15pm in KS2 playground:

Nursery	15.10.26 and 16.10.26
Reception	19.11.26 and 20.11.26
Year 1	14.1.27 and 15.1.27
Year 2	4.2.27 and 5.2.27
Year 6	11.3.27 and 12.3.27
Year 3	22.4.27 and 23.4.27
Year 4	6.5.27 and 7.6.27
Year 5	10.6.27 and 11.6.27



Kenzalia

If you have booked a place at Kenzalia but no longer require it, please ensure that you inform the school office as soon as possible.

Children who have a confirmed booking will be taken to the club as arranged. If a child is expected to attend Kenzalia but is not present at the end of the school day, we will contact home to ensure their whereabouts are known.

Thank you for your cooperation in helping us keep all children safe.

OPAL Play

We have had a fantastic start to OPAL this half term! Feedback from both pupils and staff has highlighted the wide variety of resources available to support imaginative play. We are seeing children becoming more collaborative across year groups, showing greater resilience, developing their ability to assess risk and most importantly, being more creative and having lots of fun! After half term, we will continue to work on looking after our equipment and ensuring that everyone follows our school value of **'kind hands, kind feet and kind words'**. A huge thank you for all your generous donations and continued support. Your contributions play a vital role in making OPAL such a success!



CHILDREN AGED, 4 TO 11 YEARS

Games - Crafts - Good News - Food

Music - Face Painting - Dancing - Bouncy Castle

Fancy Dress Competition (Costumes optional - non Halloween)

FREE ENTRY - SIGN UP: WWW.STMKR.ORG

ST MARK'S CHURCH KENSAL RISE,
BATHURST GARDENS, NW10 5HX

Brent SEND Activities Newsletter October 2026

Relaxed and Autism-Friendly morning Wembley Library at Brent Civic Centre
Thursday 29th Oct 2026, 9:30 am to 10:30 am

Join in a relaxed morning at Wembley Library, specially designed for our friends with autism and families who would benefit from a quieter, less stimulating environment.
There will also be a quieter space where you can take part in a craft activity. The craft activity will be inspired by the temporary exhibition at The Library at Willesden Green: The S.M.I.L.E-ing Boys project - a Happiness Research programme which aims to improve the mental health & challenge stereotypes of black boys. Everyone is very welcome to attend the craft activity!

This event is for children aged 3-15 years with their siblings, parents and carers.
Please book a ticket for each person coming in your group.

There are accessible toilets in the Civic Centre on the Ground and First Floors.
All visitors to this special early opening will receive a visual story in advance so please add the email address museum.archives@brent.gov.uk to your contacts to avoid it going to your junk folder.

Book your free tickets here:
https://www.eventbrite.co.uk/e/relaxed-early-opening-for-families-at-wembley-library-at-brent-civic-centre-tickets-1997456928443

Brent SEND Activities Newsletter October 2026

FAMILY DAY AT PUNCHDRINK

Family Day, Wednesday 28th October, Punchdrunk Enrichment Stores

Inspired by our love of nature, join us for a day of free creative activities at our home in Wembley.

This October half-term, local families are invited to join us to explore what's happening to the natural world and our role to protect it. At our venue in Wembley, we'll share stories about our climate. Visitors will be invited to join in hands-on activities to learn more about the earth and why it needs our help.

What's happening?

· Join a storytelling adventure that explores the connection between nature and sound.

· Take part in creative activities inspired by the natural world with Kinspiration and Royal Philharmonic Orchestra (Resound).

· Share your own ideas on how to care for the planet

Visit Family Day | Punchdrunk Enrichment to find out more. Unfortunately, the tickets for the reserved session is at maximum capacity but from **Thursday 22nd October** you will be able to access the final ticket release. You need to use the code **BRENTFAMFIRST** when booking

WHAT'S HAPPENING AT BRENT CROSS THIS HALF TERM?

Spooky Family Film Screenings

What: Free half-term screenings of Halloween-inspired movies like *Coco*, *Hocus Pocus*, and *Monsters, Inc.* with complimentary popcorn.

- **When:** Monday 26, Wednesday 28, and Friday 30 October 2026, from 4:00 PM to 6:00 PM.
- **Where:** Visitor Pavilion, 145 Claremont Road, Brent Cross Town, NW2 1FE. Contact **transformingbx@barnet.gov.uk** to make accommodations for a quieter screening
- **Cost: Free** (first-come, first-served; no booking required)

Halloween Half-Term Craft Club

What: Free family-friendly workshops to create park decorations, haunted house hats, flying bats, and pumpkin masks.

- **When:** Monday 26 to Thursday 29 October 2026
  10:00am–12:00pm and 1:00pm–3:00pm
- **Where:** Visitor Pavilion, 145 Claremont Road, Brent Cross Town, NW2 1FE
- **Cost: Free** (all materials provided; no booking required).

Brent Cross West Community Photo Gallery

What: The launch of a community photo gallery featuring local resident photography, light refreshments, a spin-the-wheel game, and a dog parade kick-off.

- **When:** Saturday 31 October 2026, at 10:00 AM (RSVP by emailing transformingbx@barnet.gov.uk).
- **Where:** Brent Cross West station waiting room
- **Cost:** Free

Check here for workshop details and here for how to get to Brent Cross

Thank you so much to everyone who has offered to be a volunteer this year. We have managed to increase the amount of classes, who have multiple volunteers.

But we still need more!

Would you be interested in becoming a reading volunteer at our school?

Do you think you could help support children who need some extra help reading?

If this interests you or someone you know, please email: smccann@lifefull.org

(No teaching experience required)



